#### Sides and extras Bowl of chips @ 964 kcal (Add: Spicy seasoning @ (7 kcal) 39p) 2.49 Small bowl of chips @ 602 kcal Five chicken wings **FFF** 407 kcal 2.99 2.99 NEW Five chicken breast bites 161 kcal Eight Whitby breaded scampi 464 kcal 5.19 Grilled halloumi-style cheese V 447 kcal 2.07 Peas 133 kcal Mushy peas V 248 kcal 99p 2.39 Side salad @ 91 kcal Mediterranean side salad @ 198 kcal 3.32 Roasted vegetables @ 135 kcal 1.63 Coleslaw V 399 kcal 1.50 93p Sliced chillies FFFF @ 3 kcal 99p Chicken gravy 50 kcal Onion rings 🕖 Six 269 kcal 2.43 **Twelve** 538 kcal **3.65** 8" 386 kcal 4.55 **11**" 772 kcal **5.72** Garlic pizza bread 🗸 8" 473 kcal 5.13 **11**" 922 kcal **6.59** With cheese V

#### **Desserts** NEW Salted caramel sticky toffee pudding V 5.14 Vanilla ice cream 877 kcal or custard 741 kcal 2.32 NEW Millionaire's shortbread (V) (1888) 409 kcal Two vanilla ice cream scoops, shortbread biscuit, Belgian chocolate sauce, Vanilla ice cream V 555 334 kcal 1.97 Two scoops, toffee sauce, Belgian chocolate sauce 1.97 Cookie crunch V 5364 kcal Two vanilla ice cream scoops, chocolate cookie, Belgian chocolate sauce Mini warm chocolate brownie V 500 435 kcal 3.13 Belgian chocolate sauce, vanilla ice cream Mini warm cookie dough sandwich (V) (1888) 431 kcal 3.13 Salted caramel filling, toffee sauce, vanilla ice cream Mini American-style pancakes (V 500) 412 kcal 3.69 Two pancakes, maple-flavour syrup, vanilla ice cream 4.71 Fresh fruit V 5% 500 470 kcal Apple, banana, blueberries, strawberries, vanilla ice cream Warm chocolate fudge cake V 909 kcal. Vanilla ice cream 5.48 Warm chocolate brownie V 736 kcal 5.48 Belgian chocolate sauce, vanilla ice cream Warm cookie dough sandwich V 727 kcal 5.48 Salted caramel filling, toffee sauce, vanilla ice cream British Bramley apple crumble V 5.77 Vanilla ice cream 673 kcal or custard 🚳 537 kcal American-style pancakes V 38 689 kcal 5.14

Add: Custard (134 kcal) 1.33; Vanilla ice cream scoop (135 kcal) 99p Belgian chocolate sauce (61 kcal) 47p; Toffee sauce (66 kcal) 47p Banana (110 kcal) 60p; Strawberries (27 kcal) 60p; Blueberries (17 kcal) 60p

#### ALLERGEN AND NUTRITIONAL INFORMATION

This can be found on the customer information screen, website and Wetherspoon app. Ingredients vary, depending on location, and may have changed since your last visit. Use the customer information screen to filter menus by specific dietary requirements, such as:

Exclude those dishes containing certain allergens.

Four pancakes, maple-flavour syrup, vanilla ice cream

- See full lists of ingredients.
- Set Calorie and carbohydrate limits List only vegan or vegetarian dishes.

While we have procedures for segregating preparation within meals anddrinks, kitchen and bar service may involve shared preparation/cooking areas. If you have any specific food/drinks allergen needs, please inform us when ordering; we will take reasonable steps to prepare your meal safely, although cannot guarantee completely allergen-free environments or products. Staff cannot offer specific advice or recommendations beyond our published allergen communications. Swapping items may result in changes to allergens contained in the dish.

#### **DIETARY SYMBOLS**

= Very mild = Mild = Medium hot = Very hot
= Extremely hot
▼ Vegetarian ♥ Vegan ♦ 5% fat or less ♥ Dish under 500 Calories

Seafood with this mark comes from an MSC-certified sustainable fishery. MSC-C-56647 www.msc.org

Adults need around 2000 kcal a day.§

# BREAKFAST Served 7am - 12

4.03

5.29

5.29

5.29

5.14

5.14

3.69

3.40

2.79

2.79

2.29

1.99

2.99

3.49

Large breakfast 1343 kcal Two fried eggs, bacon, two Lincolnshire sausages, baked beans, three hash browns, mushroom, two slices of toast	5.99
<b>Traditional breakfast</b> 807 kcal Fried egg, bacon, Lincolnshire sausage, baked beans, two hash browns, slice of to	<b>3.69</b> ast
Small breakfast 6555 435 kcal Fried egg, bacon, Lincolnshire sausage, baked beans, hash brown	2.79
Add: Black pudding (178 kcal) <b>80p</b>	
Freedom breakfast 586 kcal Two fried eggs, bacon, baked beans, two hash browns, mushroom, tomato	2.79
Large vegetarian breakfast 1129 kcal Two fried eggs, three vegan sausages, baked beans, three hash browns, mushroom, tomato, two slices of toast	5.99
Vegetarian breakfast ♥ 786 kcal Two fried eggs, two vegan sausages, baked beans, two hash browns, mushroom, tomato, slice of toast	3.69
Small vegetarian breakfast 👽 😵 📆 291 kcal Fried egg, vegan sausage, baked beans, hash brown, tomato	2.79
Vegan breakfast @ 642 kcal Two vegan sausages, baked beans, two hash browns, mushroom, tomato, slice of toast, vegan spread	2.79
American breakfast 1258 kcal Two fried eggs, two hash browns, maple-cured bacon, two Lincolnshire sausages, four pancakes, maple-flavour syrup	7.00
Small American breakfast 629 kcal Fried egg, hash brown, maple-cured bacon, Lincolnshire sausage, two pancakes, maple-flavour syrup	5.14
Porridge  \$\infty\$ \$\	1.99

### Tea and toast

Includes tea, coffee or hot chocolate. Free refills

with drink without drink Two slices of toast with jam or marmalade 2.49 V 524 kcal. White bloomer bread

# **Breakfast butties and wraps**

Bacon butty 574 kcal. Three rashers of bacon, buttered white bloomer bread	2.6
Sausage butty 714 kcal. Two Lincolnshire sausages, buttered white bloomer bread	2.6
Vegetarian sausage butty 👽 541 kcal	2.6
Two vegan sausages, buttered white bloomer bread	
Vegan option available with vegan spread 🕖 🚳 😘 435 kcal	
Breakfast wrap 724 kcal	4.5
Fried egg, bacon, Lincolnshire sausage, hash brown, Cheddar cheese	
Vegetarian breakfast wrap V 735 kcal	4.5
Fried egg, two vegan sausages, two hash browns, Cheddar cheese	

# **Breakfast muffin deal**

Add: Maple-cured bacon (91 kcal) 1.62; Poached egg V (63 kcal) 98p

Grilled halloumi-style cheese (V) (447 kcal) 2.07

Add: Hash brown @ (82 kcal) 51p

Includes tea, coffee, hot chocolate (free refills') or ANY soft drink Egg & cheese muffin V 500 249 kcal 3.31 Fried egg, American-style cheese, in an English muffin Egg & bacon muffin 500 314 kcal 3.77 Fried egg, bacon, American-style cheese, in an English muffin Egg & sausage muffin (500) 417 kcal 3.77 Fried egg, Lincolnshire sausage, American-style cheese, in an English muffin Egg & vegetarian sausage muffin V 500 330 kcal 3.77 Fried egg, vegan sausage, American-style cheese, in an English muffin Breakfast muffin (500) 482 kcal 3.99 Fried egg, Lincolnshire sausage, bacon, American-style cheese, in an English muffin Smashed avocado muffin @ 59 (888) 271 kcal 3.99 Guacamole, pico de gallo, on an English muffin, rocket

# Apple, banana, blueberries, strawberries, Greek-style honey yoghurt **Breakfast extras**

NEW Fresh fruit and yoghurt (V 59) 334 kcal

NEW Fiesta brunch / W 659 kcal

Mushroom Benedict @ 638 kcal

Eggs Benedict 725 kcal

Hollandaise sauce, rocket

Hollandaise sauce, rocket

Hollandaise sauce, rocket

Miner's Benedict 939 kcal

American-style pancakes

maple-flavour syrup. V 🚳 708 kcal

Poached egg, toast, quacamole, pico de gallo,

grilled halloumi-style cheese, mushroom, salsa

Two poached eggs, on an English muffin, with Wiltshire cured ham

Two poached eggs, on an English muffin, with mushroom,

Two poached eggs, on an English muffin, with black pudding,

NEW Four pancakes, banana, strawberries, blueberries,

Four pancakes, maple-flavour syrup. V 🚳 554 kcal

Two pancakes, maple-flavour syrup. V 50 500 277 kcal

Small American-style pancakes

Scrambled egg on toast V 570 kcal

Small beans on toast (V 59) 252 kcal

Three eggs, buttered white bloomer toast

Fresh fruit @ 5% (500) 200 kcal

Annle hanana blueherries strawberries

Buttered white bloomer toast

White bloomer bread

Four pancakes, maple-cured bacon, maple-flavour syrup. 645 kcal

Beans on toast V 🕸 566 kcal. Buttered white bloomer toast

NEW Vegan option available with vegan spread @ 58 555 460 kcal

Two slices of toast with jam or marmalade V 524 kcal

Two pancakes, maple-cured bacon, maple-flavour syrup. (\$500) 322 kcal

Add any of the following:		
Black pudding 178 kcal	80p Hash brown @ 82 kcal	51p
Lincolnshire sausage 168 kcal	1.15 Vegan sausage @ 82 kcal	1.15
Slice of toast V 225 kcal	1.23 Baked beans @ 126 kcal	98p
Fried egg V 56 kcal	98p Poached egg 🕐 63 kcal	98p
Two mushrooms 🥏 100 kcal		98p
Two scrambled eggs V 136 kca	l	1.73
Two rashers of back bacon 131	kcal	1.67
Two grilled tomato halves @ 1	6 kcal	57p
Four rashers of maple-cured	<b>bacon</b> 91 kcal	1.62
Grilled halloumi-style cheese	<b>♥</b> 447 kcal	2.07

# -Tea, coffee and hot chocolate -



Cappuccino V 102 kcal Latte 113 kcal Mocha 147 kcal Espresso @ 6 kcal Black coffee @ 6 kcal White coffee V 24 kcal Hot chocolate V 169 kcal Tea

Flat white **9** 92 kcal

with semi-skimmed milk V 14 kcal Dairy alternative: oat sachet @ 4 kcal Decaffeinated tea and coffee available.

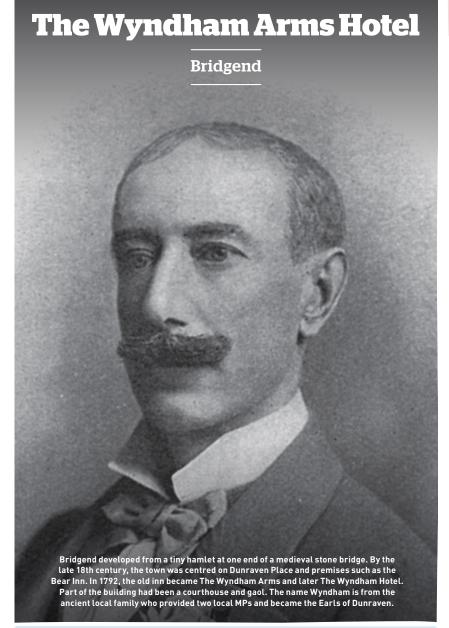
**Biscuits** Walkers shortbread 151 kcal 71p Stem ginger biscuit V 123 kcal 71p Belgian chocolate biscuit V 129 kcal 71p Salted caramel brownie bar V 316 kcal 1.64

for the facts drinkaware.co.uk

idwetherspoon.com

All weights are approximate uncooked. Fish, chicken and meat dishes may contain bones. Specifications may change periodically, and Calories and other nutritional values stated (which exclude drinks options) are subject to change. Prices (in pounds sterling, including VAT) may vary per pub. Subject to local licensing ordinaries and own and abolish per bouses. Photography is for guidance only. J D Wetherspoon plc reserves the right to withdraw/change offers (without notice), at any time. See our website for full details: jdwetherspoon.com "Offer (excluding take-away) applies on day of purchase, during one visit; is non-transferable. Exclusions apply. "Statement of daily Calorie needs from the Department of Health & Social Care." Excluding decaffeinated. "Drinks exclude bottled wine, sparkling wine, Prosecco by the bottle (200ml and 750ml), cocktail pitchers, liqueurs, bombs, shots and any drink not listed on the drinks menu. Mixers exclude J2O and all canned soft drinks, except Monster. An alternative may be offered for Coldwater Creek wines. Spirit measure offered is 25ml in all free houses, except Northern Ireland (35ml). \*Choose from: Diet Pepsi, Pepsi, Pepsi Max or Pepsi Max or Pepsi Max cherry (398ml glass); apple, cranberry or orange juice (398ml glass); apple & mango, apple & raspberry or orange & passion fruit J20; Brecon Carreg natural mineral water (still/sparkling 500ml bottle), blackcurrant, lime or orange standard cordial (398ml glass); bloc orange or lemon Sanpellegrino (330ml can); Passion Fruit Cooler or Raspberry Refresher 0% cocktail (215ml glass); Monster Energy, Energy Ultra, Energy Ultra, Energy Ultra Rosá, Mango Loco or Pipeline Punch (500ml can); Old lamaica ginger beer (330ml can); R White's raspberry lemonade (330ml can); Remedy kombucha raspberry lemonade (250ml can

Main menu 11.30am - 11pm. Children's menu available.





# **Table service**

Download the Wetherspoon app or scan this QR code.

Or note your table number and order at the bar.

Use the app to: Search for a pub • Book a hotel • Save your favourites • Find an ale



# **Food hygiene**

We have been awarded the maximum food hygiene rating of 5 in our pub.



#### Sustainable fish The cod and haddock we serve

come from fisheries which have been independently certified to the MSC's standard for well-managed and sustainable



Allergen and nutritional information can

website and Wetherspoon app.

Adults need around 2000 kcal a day.§

be found on the customer information screen,

#### 100% UK and Irish beef

From farms in the UK and Ireland, prime beef steaks matured for 28 days. Traceable from farm to fork.



#### Free-range eggs

100% of the eggs we use are free range. All shell eggs are certified with the British Lion quality mark and are RSPCA assured, ensuring the highest standards of animal welfare.

goodfoodtalks

The spoken menu app for the visually impaired

opening menus for everybody



7am - 12 noon

breakfast

**Traditional** 

Tea. coffee and

hot chocolate Free refills

### **Deli Deals** INCLUDES A DRINK •

Featuring NEW small southern-fried chicken wrap just-a-wrap, without a drink

soft drink\* £4.05

£5.58

alcoholic drink\*

# **Burger meals**

INCLUDES A DRINK

Featuring 3oz American burger alcoholic drink\* soft drink\*

£5.21 £6.74

### **Afternoon deals** INCLUDES A DRINK

Mon - Fri, 2pm - 5pm Featuring small freshly battered fish and chips

> soft drink\* £6.39

£7.92

# Steak Club

INCLUDES A DRINK' **Tuesday 11.30am - 11pm** 

Featuring classic 8oz sirloin

£9.97

£11.50

# **Curry Club**

INCLUDES A DRINK • **Thursday 11.30am - 11pm** 

Featuring the katsu curry range soft drink\* alcoholic drink\*

£8.21

INCLUDES A DRINK\* • Choose from over 150 drinks

# LAVATIA Coffee The freshly ground 100% Arabica



Lavazza coffee<sup>tt</sup> we serve is from Rainforest Alliance-certified farms







**Sustainable Restaurant** Association



Awarded the highest rating in the world's largest sustainability certification for pubs and restaurants, evaluating standards

in 'sourcing, society and the environment'. wetherspoon hotels Over 50 hotels and 1,329 rooms acros

**Book direct.** on the app or by phone



Small plates Any 3 for £14.		
3" pizzas. Sourdough base - proved, stretched, copped and freshly baked to order.		
Margherita (V (566) 467 kcal. Mozzarella, basil	4	.06
	_	.66
Pepperoni 🔑 575 kcal. Mozzarella, pepperoni	_	
Ham and mushroom 505 kcal. Mozzarella, ham, mushroom, rocke		.66
<b>3BQ chicken</b> 555 kcal Mozzarella, BBQ sauce, chicken breast, red onion, rocket	0	.66
Roasted vegetable V 514 kcal	4	.66
Mozzarella, mushroom, roasted pepper, courgette, onion, basil	O	.00
Vegan roasted vegetable @ 588 5555 355 kcal	6	.66
Mushroom, roasted pepper, courgette, onion, basil	·	.00
Spicy meat feast /// 615 kcal	7	.24
Mozzarella, ham, pepperoni, chicken breast, sliced chillies, rocket	,	
<u></u>	• • • • • • • • • • • • • • • • • • • •	• • • • •
Char-grilled halloumi-style cheese V 514 kcal	5	5.11
Rocket, roasted pepper, courgette, onion, salsa		
11" garlic pizza bread 👽 772 kcal	_	.72
Nachos 🖊 🗸 🕔 695 kcal. Cheese, guacamole, salsa, sour cream, sliced c		5.96
Bowl of chips @ 964 kcal		.99
Bowl of chips with curry sauce @ 1082 kcal		.29
Cheesy chips ♥ 1256 kcal		.49
Loaded chips 1303 kcal. Cheese, maple-cured bacon, sour cream	_	.79
Tomato & basil soup 👽 🕸 ; 374 kcal. White bloomer bread	4	.38
NEW Vegan option available with vegan spread 🥏 🕬 😘 285 kcal		
ack Daniel's® Tennessee Honey glaze 🤍 87 kcal; Chipotle mayo 🏴 🏴 🔇 Klue cheese 父 270 kcal; BBQ sauce 🥝 83 kcal	150 kcal	
Sweet chilli	150 kcal 5 6 st strips 6	5.11 .24 .24 5.90
Jack Daniel's® Tennessee Honey glaze ♥ 87 kcal; Chipotle mayo ✔✔✔ ▼ Blue cheese ♥ 270 kcal; BBQ sauce ⊚ 83 kcal Halloumi-style fries ♥ ☜ 396 kcal Chicken bites ☜ 322 kcal. Ten battered chicken breast pieces Southern-fried chicken strips ✔ ☜ 459 kcal. Five chicken breas	150 kcal 5 6 st strips 6	5.11 .24 .24
Jack Daniel's® Tennessee Honey glaze ♥ 87 kcal; Chipotle mayo   Blue cheese ♥ 270 kcal; BBQ sauce ∅ 83 kcal Halloumi-style fries ♥ ೄ 396 kcal Chicken bites ೄ 322 kcal. Ten battered chicken breast pieces Southern-fried chicken strips ♥ ೄ 459 kcal. Five chicken breas Chicken wings ♥ ₱ 813 kcal. Ten spicy chicken wings Quorn™ nuggets ∅ ೄ 331 kcal. Eight coated pieces	150 kcal 5 6 st strips 6	5.11 .24 .24 5.90
Jack Daniel's® Tennessee Honey glaze ♥ 87 kcal; Chipotle mayo	150 kcal  5 6 st strips 6	5.11 .24 .24 5.90
Jack Daniel's® Tennessee Honey glaze ♥ 87 kcal; Chipotle mayo	150 kcal  5 6 st strips 6	5.11 .24 .24 5.90
Jack Daniel's® Tennessee Honey glaze ♥ 87 kcal; Chipotle mayo	150 kcal  5 6 st strips 6	5.11 .24 .24 5.90
Jack Daniel's® Tennessee Honey glaze ♥ 87 kcal; Chipotle mayo	\$ 150 kcal  5 6 6 st strips 6 6 5	5.11 .24 .24 5.90 5.34
Jack Daniel's® Tennessee Honey glaze ♥ 87 kcal; Chipotle mayo   Blue cheese ♥ 270 kcal; BBQ sauce ⊚ 83 kcal  Halloumi-style fries ♥  396 kcal  Chicken bites  322 kcal. Ten battered chicken breast pieces  Southern-fried chicken strips    Southern-fried chicken s	150 kcal  5 6 st strips 6	5.11 5.24 5.90 5.34
Jack Daniel's® Tennessee Honey glaze ♥ 87 kcal; Chipotle mayo   Blue cheese ♥ 270 kcal; BBQ sauce ⊚ 83 kcal  Halloumi-style fries ♥ ॐ 396 kcal  Chicken bites ॐ 322 kcal. Ten battered chicken breast pieces  Southern-fried chicken strips ₱ ॐ 459 kcal. Five chicken breast  Chicken wings ₱ ₱ ₱ 813 kcal. Ten spicy chicken wings  Quorn™ nuggets ⊚ ॐ 331 kcal. Eight coated pieces  Deli Deals® INCLUDES A DRINK • ↓ ↓  All wraps and paninis are freshly made to order.  IEW 10" wraps A smaller wrap and filling.  Small brunch wrap 559 kcal  Fried egg, bacon, Lincolnshire sausage, Cheddar cheese	\$ 150 kcal  E 6 6 st strips 6 6 5	5.11 5.24 5.90 5.34
Jack Daniel's® Tennessee Honey glaze ♥ 87 kcal; Chipotle mayo   Blue cheese ♥ 270 kcal; BBQ sauce ⊚ 83 kcal  Halloumi-style fries ♥  396 kcal  Chicken bites  322 kcal. Ten battered chicken breast pieces  Southern-fried chicken strips    Southern-fried chicken s	\$ 150 kcal  E 6 6 st strips 6 6 5	5.11 5.24 5.90 5.34
Jack Daniel's® Tennessee Honey glaze ♥ 87 kcal; Chipotle mayo	just-a-wra without a dr ach	5.11 5.24 5.90 5.34
Jack Daniel's® Tennessee Honey glaze ♥ 87 kcal; Chipotle mayo   Blue cheese ♥ 270 kcal; BBQ sauce ⊚ 83 kcal  Halloumi-style fries ♥  396 kcal  Chicken bites  322 kcal. Ten battered chicken breast pieces  Southern-fried chicken strips    Southern-fried chicken s	just-a-wra without a dr 3.14 each	5.11 5.24 5.90 5.34
Jack Daniel's® Tennessee Honey glaze ♥ 87 kcal; Chipotle mayo PP   Blue cheese ♥ 270 kcal; BBQ sauce ⊚ 83 kcal  Halloumi-style fries ♥  396 kcal  Chicken bites  322 kcal. Ten battered chicken breast pieces  Southern-fried chicken strips P   333 459 kcal. Five chicken breast  Chicken wings PP 813 kcal. Ten spicy chicken wings  Quorn™ nuggets ⊚  331 kcal. Eight coated pieces  Deli Deals® INCLUDES A DRINK All wraps and paninis are freshly made to order.  Tell 10" wraps A smaller wrap and filling.  Small brunch wrap 559 kcal  Fried egg, bacon, Lincolnshire sausage, Cheddar cheese  Small vegetarian brunch wrap ♥ 545 kcal  Fried egg, two vegan sausages, Cheddar cheese  Small shawarma chicken PP 502 kcal  Chicken thigh, Middle Eastern spices, Naga chilli and garlic & herb sauces, tomato, onion, rocket, fresh mint  Small Quorn™ nuggets ⊚  310 kcal	just-a-wra without a dr 3.14 each soft drink 4.05	5.11 5.24 5.90 5.34
Jack Daniel's® Tennessee Honey glaze  87 kcal; Chipotle mayo  88 kcal; Blue cheese  270 kcal; BBQ sauce  83 kcal  Halloumi-style fries  396 kcal  Chicken bites  322 kcal. Ten battered chicken breast pieces  Southern-fried chicken strips  459 kcal. Five chicken breast  Chicken wings  46 813 kcal. Ten spicy chicken wings  Quorn™ nuggets  331 kcal. Eight coated pieces  INCLUDES A DRINK  41 100 wraps A smaller wrap and filling.  Small brunch wrap 559 kcal  Fried egg, bacon, Lincolnshire sausage, Cheddar cheese  Small vegetarian brunch wrap  545 kcal  Fried egg, two vegan sausages, Cheddar cheese  Small shawarma chicken  65 50 kcal  Chicken thigh, Middle Eastern spices, Naga chilli and gartic & herb sauces, tomato, onion, rocket, fresh mint  Small Quorn™ nuggets  355 310 kcal  Salad leaves, tomato, cucumber, salsa	just-a-wra without a dr 3.14 each	5.11 5.24 5.90 5.34
Jack Daniel's® Tennessee Honey glaze ♥ 87 kcal; Chipotle mayo	just-a-wra without a dr 3.14 each soft drink 4.05 each alcoholic drid	5.11 24 5.24 5.90 5.34
Jack Daniel's® Tennessee Honey glaze ♥ 87 kcal; Chipotle mayo	just-a-wra without a dr acht soft drink 4.05 each	5.11 24 5.24 5.90 5.34
Jack Daniel's® Tennessee Honey glaze ♥ 87 kcal; Chipotle mayo	just-a-wra without a dr 3.14 each soft drink 4.05 each alcoholic drid	5.11 24 5.24 5.90 5.34
Jack Daniel's® Tennessee Honey glaze ♥ 87 kcal; Chipotle mayo PP	just-a-wra without a dr acht soft drink 4.05 each	5.11 24 5.24 5.90 5.34
Jack Daniel's® Tennessee Honey glaze ♥ 87 kcal; Chipotle mayo	just-a-wra without a dr acht soft drink 4.05 each	5.11 24 5.24 5.90 5.34
Jack Daniel's® Tennessee Honey glaze ♥ 87 kcal; Chipotle mayo PP	just-a-wra without a dr ach soft drink 4.05 each alcoholic dri 5.58 each	5.11 24 5.90 5.34

Chicken bites 555 322 kcal. Ten battered chicken breast pieces  Southern-fried chicken strips 7 555 459 kcal. Five chicken b  Chicken wings 7 7 813 kcal. Ten spicy chicken wings  Quorn™ nuggets 6 555 331 kcal. Eight coated pieces	reast strips	6.24 6.24 6.90 5.34
Deli Deals <sup>®</sup> Includes a drink		
All wraps and paninis are freshly made to order	r.	
10" wraps A smaller wrap and filling.  Small brunch wrap 559 kcal  Fried egg, bacon, Lincolnshire sausage, Cheddar cheese	just-a-v	wran
Small vegetarian brunch wrap ♥ 545 kcal Fried egg, two vegan sausages, Cheddar cheese Small shawarma chicken / F/F 502 kcal	without a	a drink 4
Chicken thigh, Middle Eastern spices, Naga chilli and garlic & herb sauces tomato, onion, rocket, fresh mint  Small Quorn™ nuggets ② 310 kcal Salad leaves, tomato, cucumber, salsa	soft dr <b>4.0</b> eac	5
Small southern-fried chicken /// 399 kcal Salad leaves, smoky chipotle mayo Small cold chicken breast // 30 377 kcal	alcoholic <b>5.5</b> eac	8
Salad leaves, sweet chilli sauce  Small fried halloumi-style cheese	) <b>1.13</b> eac	h
12" wraps NEW Shawarma chicken 779 kcal		

tomato, onion, rocket, fresh mint

Southern-fried chicken **FFF** 609 kcal

Salad leaves, sweet chilli sauce Fried halloumi-style cheese // V 707 kcal Salad leaves, sweet chilli sauce, tomato, cucumber alcoholic drink\*

Cheddar cheese and tomato V 527 kcal

Choose any 8" pizza from the small plates section.

Spicy rice (208 kcal); Chips (602 kcal) 1.54 each

Adults need around 2000 kcal a day.§

Chicken thigh, Middle Eastern spices, Naga chilli and garlic & herb sauces,

**Quorn**<sup>™</sup> **nuggets** Ø 🚳 508 kcal. Tomato, cucumber, salsa

Salad leaves, smoky chipotle mayo soft drink\* Cold chicken breast FF 3 479 kcal 6.00 each

7.53 Tuna mayo and Cheddar cheese 590 kcal

Wiltshire cured ham and Cheddar cheese 508 kcal BBQ chicken, bacon and Cheddar cheese 586 kcal

8" pizzas on a freshly baked sourdough base

Add: Side salad @ (91 kcal); Tomato & basil soup @ (150 kcal)

Burgers includes a drink

Beef burgers made with 100% British beef, freshly cooked to order. Traceable from farm to fork

Beef burgers One 3oz beef patty. Served with a small portion of chips (329 kcal, included in Calories below). American burger 696 kcal Red onion, gherkin, ketchup, American-style mustard soft drink\* alcoholic drink Classic beef burger 677 kcal 5.21 6.74 Iceberg lettuce, tomato, red onion each each Skinny beef burger (500) 375 kcal Iceberg lettuce, tomato, red onion, with a side salad, instead of chips soft drink\* 5.80 American cheese burger 730 kcal American-style cheese, red onion, gherkin, ketchup, alcoholic drink\* 7.33 American-style mustard Double beef burgers Two 3oz beef patties. Served with chips (602 kcal, included in Calories below) Double American burger 1138 kcal alcoholic drink\* soft drink\* Red onion, gherkin, ketchup, American-style mustard 7.50 9.03 Double classic beef burger 1119 kcal each each Iceberg lettuce, tomato, red onio soft drink\* 8.10 Double American cheese burger 1207 kcal

American-style cheese, red onion, gherkin, ketchup, alcoholic drink\* 9.63 American-style mustard Chicken burgers Served with a small portion of chips (329 kcal, included in the Calories below).

Crunchy chicken strip burger 776 kcal soft drink\* 5.21 Two southern-fried chicken strips, iceberg lettuce, mayonnaise alcoholic drink\* 6.74

Served with chips (602 kcal, included in Calories below). Fried buttermilk chicken burger 1255 kcal Breaded whole chicken breast fillet alcoholic drink\* Char-grilled chicken breast burger 970 kcal 7.50 9.03 Skinny chicken burger 58 588 394 kcal each Char-grilled chicken breast, with a side salad, instead of chips

Meat-free burgers Served with chips (602 kcal, included in Calories below).

Beyond Burger<sup>™</sup> 1043 kcal soft drink\* alcoholic drink\* BEYOND MEAT plant-based patty, 7 50 9.03 iceberg lettuce, garlic & herb sauce each each

Breaded vegetable burger V 1039 kcal Lentils, carrot, onion, sweetcorn, mushroom, mozzarella, mature Cheddar cheese Fried halloumi-style cheese burger 🖊 🔾 1118 kcal. Sweet chilli sauce

Just-a-burger Served on its own, without chips or a drink. American burger 367 kcal

Red onion, gherkin, ketchup, American-style mustard Crunchy chicken strip burger # 447 kcal Two southern-fried chicken strips, iceberg lettuce, mayonnaise

# CUTTIES INCLUDES A DRINK

 ${\color{red} \textbf{Classic curries}} \ \textbf{With basmati pilau rice, plain naan and poppadums.}$ 

Mangalorean roasted cauliflower & spinach curry **FF** @ 529 927 kcal Chicken tikka masala 1190 kcal

Chicken jalfrezi FFF 529 935 kcal

Beef Madras / 1043 kcal

soft drink\* alcoholic drink\* 10.14 11.67 each each

each 3.51

Change your plain naan to a garlic naan (V) (add 92 kcal) 52p

Simple curries With basmati pilau rice or chips. Simple Mangalorean roasted cauliflower & spinach curry 🔰 🧿

Choose: Basmati pilau rice 🚳 568 kcal; Chips 970 kcal Simple chicken tikka masala Choose: Basmati pilau rice 830 kcal; Chips 1232 kcal Simple chicken jalfrezi

soft drink\* alcoholic drink\* 7.92 Choose: Basmati pilau rice 52 575 kcal; Chips 977 kcal

Simple beef Madras Choose: Basmati pilau rice 684 kcal; Chips 1086 kcal

Add: One vegetable samosa and two onion bhajis 🆊 🚳 (293 kcal) 1.86 Two plain poppadums @ (86 kcal) 52p

Katsu curries With a mild Japanese-style katsu curry sauce, coconut-flavour rice, sliced chillies and coriander Katsu grilled chicken curry 58 542 kcal Sliced char-grilled chicken breast

Katsu Quorn™ nugget curry @ 686 kcal Eight coated pieces Katsu chicken curry 828 kcal

Sliced whole breaded chicken breast fillet

soft drink\* alcoholic drink\* 9.03 10.56 each each

9.45

**Gourmet burgers** 

Served with chips, six onion rings (871 kcal, included in Calories below).

Ultimate burger 1656 kcal Two 3oz beef patties, maple-cured bacon, Cheddar cheese, signature burger sauce, gherkin

Tennessee burger Maple-cured bacon, Jack Daniel's® Tennessee Honey glaze Choose: Beef (two 3oz beef patties) 1567 kcal Char-grilled chicken breast 1417 kcal

9.70 Fried buttermilk chicken 1703 kcal alcoholic drink\* Maple-cured bacon, Cheddar cheese, BBQ sauce 11.23 Choose: Beef (two 3oz beef patties) 1644 kcal each Char-grilled chicken breast 1494 kcal

soft drink\*

Fried buttermilk chicken 1780 kcal

Heatwave burger Naga chilli mayo, American-style cheese, hash brown, topped with a spicy chicken wing Choose: Char-grilled chicken breast 1722 kcal

Fried buttermilk chicken 2007 kcal Fiesta burger @ 1380 kcal

BEYOND MEAT plant-based patty, salsa, guacamole, roasted pepper,

Triple American cheese & bacon burger 1770 kcal soft drink\* 11.15 Three 3oz beef patties, American-style cheese, alcoholic drink\* 12.68 maple-cured bacon, red onion, gherkin, ketchup, American-style mustard

Additional toppings and burger patties

Maple-cured bacon with Cheddar cheese 173 kcal 2.24 2.24 Maple-cured bacon with American-style cheese 160 kcal 1.62 Cheddar cheese V 82 kcal American-style cheese V 69 kcal 1.62 1.62 Maple-cured bacon 91 kcal Crunchy chicken strip / 92 kcal 1.60

3oz beef patty 168 kcal

Char-grilled chicken breast 187 kcal each **2.07** Fried buttermilk chicken 473 kcal

Breaded vegetable patty V 257 kcal Fried halloumi-style cheese V 298 kcal BEYOND MEAT patty @ 184 kcal

# INCLUDES A DRINK .

Chicken on the bone is marinated, slow cooked and finished on the char-grill.

Peri-peri char-grilled half chicken Lemon and herb / Char-grilled in a lemon & herb glaze Coleslaw, garlic & herb dip

Choose: Side salad 918 kcal: Mediterranean salad 1048 kcal Spicy rice 1059 kcal; Mashed potato 1137 kcal; Chips 1453 kcal Hot and spicy FFF Char-grilled in a Naga chilli & citrus glaze Coleslaw, Naga chilli dir Choose: Side salad 888 kcal: Mediterranean salad 1018 kcal

Spicy rice 1029 kcal; Mashed potato 1107 kcal; Chips 1423 kcal Char-grilled half chicken, mash and gravy 818 kcal Lemon & herb chicken, peas, chicken gravy

Chicken wing basket FFF Eight wings, coleslaw, Naga chilli dip Choose: Side salad 987 kcal; Spicy rice 1127 kcal; Chips 1522 kcal Boneless basket #

Three southern-fried chicken strips, five chicken breast bites, coleslaw, BBQ sauce Choose: Side salad 720 kcal; Spicy rice 861 kcal; Chips 1255 kcal

Chicken bites basket Ten battered chicken breast pieces, coleslaw, sticky soy sauce Choose: Side salad 623 kcal; Spicy rice 58 763 kcal; Chips 1157 kcal

Southern-fried chicken strips basket / Five chicken strips, coleslaw, Jack Daniel's® Tennessee Honey glaze Choose: Side salad 748 kcal; Spicy rice 888 kcal; Chips 1282 kcal Quorn™ 'no chicken' nuggets basket // V Eight coated pieces, coleslaw, sweet chilli sauce

Choose: Side salad 569 kcal; Spicy rice 709 kcal; Chips 1104 kcal Add: Chicken gravy (50 kcal) 99p

each alcoholic drink\* 9.31

soft drink\*

7.78

soft drink\*

11.13

each

alcoholic drink\*

12.66

each

Mon - Fri, 2pm - 5pm

7.57

11" pizzas includes a drink •		Steaks and grills INCL	UDES A D	RINK •
Sourdough base - proved, stretched, topped and freshly baked to order.  Margherita © 934 kcal. Mozzarella, basil  7.  Pepperoni // 1151 kcal. Mozzarella, pepperoni	rink* alcoholic drink* <b>78 9.31</b>	From farms in the UK and Ireland, prin (traceable from farm to fork), matured f seasoned with a steak-seasoning blend cooked to your liking.	for 28 day	S,
Ham and mushroom 1011 kcal Mozzarella, ham, mushroom, rocket BBQ chicken 1097 kcal Mozzarella, BBQ sauce, chicken breast, red onion, rocket	soft drink* 8.85 each	Classic 8oz sirloin steak Choose: Side salad 526 kcal Mediterranean salad 657 kcal; Jacket potato 774 kcal Mashed potato 745 kcal; Chips 1061 kcal	soft drink* <b>11.55</b> each	alcoholic drink* <b>13.08</b> each
Roasted vegetable © 1028 kcal Mozzarella, mushroom, roasted pepper, courgette, onion, basil Vegan roasted vegetable © © 709 kcal Mushroom, roasted pepper, courgette, onion, basil	alcoholic drink* 10.38 each	Gourmet 8oz sirloin steak Peas, tomato, mushroom, three onion rings, steak sauce Choose: Side salad 785 kcal Mediterranean salad 915 kcal; Jacket potato 1032 kcal	soft drink* 13.89 each	alcoholic drink* <b>15.42</b> each
Spicy meat feast /// 1214 kcal 9. Mozzarella, ham, pepperoni, chicken breast, sliced chillies, rocket	92 11.45	Mashed potato 1003 kcal; Chips 1320 kcal Add your choice of steak sauce: Creamy peppercorn sauce Jack Daniel's® Tennessee Honey glaze ♥ (87 kcal) 1.92	,	
Additional toppings Red onion @ 10 kcal; Sliced chillies PPPPP @ 3 kcal; Mushroom @	4 kcal each <b>93p</b>	Below meals are served with peas, tomato and mu	<b>ushroom.</b> soft drink	* alcoholic drink
Garlic & herb dip ⊘ 180 kcal; Mozzarella ∨ 150 kcal; Ham 71 kcal Chicken breast 94 kcal; Maple-cured bacon 91 kcal	each <b>1.25</b>	<b>BBQ chicken melt</b> Char-grilled chicken, Cheddar cheese, bacon, BBQ sauce	10.38	11.91
Pepperoni <b>//</b> 109 kcal; Roasted vegetables <b>⊘</b> 90 kcal	each <b>1.63</b>	Choose: Side salad 🥸 609 kcal; Mediterranean salad 739	kcal	

6.52

soft drink\* alcoholic drink\*

Small pub classics incu	JDES A DI	RINK •
Tiple and plains	soft drink*	alcoholic drink*
Fish and chips Small freshly battered cod and chips Peas 681 kcal or mushy peas 739 kcal	8.14	9.67
Small Whitby breaded scampi Chips, peas 629 kcal or mushy peas 686 kcal. Four Whitby breaded scampi	8.14	9.67
Add: Two slices of bread ♥ (404 kcal) 1.44 Chip shop-style curry sauce ② (118 kcal) 1.56	• • • • • • • • • • • • • • • • • • • •	• • • • • • • • • • • • • • • • • • • •
Small Wiltshire cured ham, egg and chips 55 455 kcal One slice of Wiltshire cured ham, fried egg	4.79	6.32
Small all-day brunch 681 kcal Lincolnshire sausage, bacon, fried egg, baked beans, chips	4.99	6.52

Two vegan sausages, fried egg, baked beans, chips		
Afternoon deal Mon - Fri, 2pm - 5pm Choose from the above small pub classic meals.	soft drink*	alcoholic drink* <b>7.92</b>

# Pub classics includes a drink of

Add: Black pudding (178 kcal) 80p

Small vegetarian all-day brunch V 611 kcal

Fish and chips		
Freshly battered cod and chips Peas 1240 kcal or mushy peas 1298 kcal	10.38	11.91
Whitby breaded scampi Chips, peas 1135 kcal or mushy peas 1192 kcal. Eight Whitby breaded scampi	10.38	11.91
Add: Two slices of bread ♥ (404 kcal) 1.44 Chip shop-style curry sauce  (a) (118 kcal) 1.56		
All-day brunch 1245 kcal Two fried eggs, bacon, two Lincolnshire sausages, baked beans, Add: Black pudding (178 kcal) <b>80p</b>	<b>5.45</b> chips	6.98
Vegetarian all-day brunch ♥ 1023 kcal Two fried eggs, three vegan sausages, baked beans, chips	5.45	6.98
Steak & kidney pudding Peas, onion & red wine gravy Choose: Mashed potato 963 kcal; Chips 1279 kcal	5.45	6.98
Bangers and mash 894 kcal Three Lincolnshire sausages, peas, onion & red wine gravy	8.62	10.15
Vegetarian bangers and mash ♥ 635 kcal Three vegan sausages, peas, onion & red wine gravy	8.62	10.15
Wiltshire cured ham, eggs and chips 856 kcal Two slices of Wiltshire cured ham, two fried eggs	5.21	6.74
Sausages, chips and beans 1170 kcal Three Lincolnshire sausages	5.45	6.98
Vegan sausages, chips and beans	5.45	6.98
NEW Chilli bean non-carne / @ 635 kcal	5.45	6.98

Red peppers, red kidney and black turtle beans, smoky chipotle sauce, rice, tortilla chips

Afternoon deal

soft drink\* alcoholic drink 9.10

t drink\* alcoholic drink 0.38 11.91 Choose: Side salad 520 609 kcal: Mediterranean salad 739 kcal Jacket potato 38 856 kcal; Mashed potato 827 kcal; Chips 1143 kcal 5oz gammon and egg 9.03 10.56 Choose: Side salad 🚳 ; 402 kcal; Mediterranean salad 532 kcal Jacket potato 🚳 649 kcal; Mashed potato 620 kcal; Chips 936 kcal 10oz gammon and eggs 13.72 Choose: Side salad 611 kcal; Mediterranean salad 741 kcal Jacket potato 858 kcal; Mashed potato 829 kcal; Chips 1146 kcal Mixed arill 12.19 13.72 Gammon, pork loin, rump, lamb, Lincolnshire sausage Choose: Side salad 984 kcal; Mediterranean salad 1114 kcal Jacket potato 1231 kcal; Mashed potato 1202 kcal; Chips 1519 kcal Large mixed grill 13.95 15.48 Gammon, pork loin, rump, lamb, two Lincolnshire sausages

### Noodles, salads and pastas INCLUDES A DRINK •

Choose: Side salad 1477 kcal; Mediterranean salad 1607 kcal

Jacket potato 1724 kcal; Mashed potato 1696 kcal; Chips 2012 kcal

fried egg, six onion rings

soft drink\* alcoholic drink\* NEW Ramen noodle bowl // @ 53 555 466 kcal 7.29 Noodles, bean sprouts, shiitake mushroom, spring onio carrot, pak choi, bamboo shoots, red onion, sliced chillies, coriander, Add: Char-grilled chicken breast (93 kcal) 1.25; Poached egg (63 kcal) 98p Chicken & maple-cured bacon salad 8.99 10.52 Choose: Char-grilled chicken breast (505) 283 kcal Southern-fried chicken breast strips 6500 465 kcal Mediterranean salad @ \$334 kcal 7.99 9.52 Pearl barley, quinoa, butternut squash, wheat berries, red pepper cherry tomatoes, pumpkin seeds, basil, dressing Add: Grilled halloumi-style cheese V (447 kcal) 2.07 Tuna mayo (298 kcal) 1.16; Roasted vegetables (90 kcal) 1.63 Char-grilled chicken breast (187 kcal) 2.07 Grilled halloumi-style cheese 7.99 9.52 & roasted vegetable salad V 600 494 kcal Roasted pepper, courgette, onion, pico de gallo, dressing Burrito salad bowl W 668 kcal 7.99 9.52 Spicy rice, cheese, roasted pepper, courgette, onion, tortilla chips guacamole, sliced chillies Add: Char-grilled chicken breast (187 kcal) 2.07 Chilli bean non-carne / (a) (149 kcal) 2.07 Pasta alfredo V 618 kcal 9.20 10.73 Fusilli pasta, creamy pecorino & regato cheese sauce, spinach sun-dried tomato, basil, rocket

# Jacket potatoes includes a drink

Add: Char-grilled chicken breast (187 kcal) 2.07; Maple-cured bacon (91 kcal) 1.62

With side salad and one filling. Extra fillings 1.32 each. Tuna mayo 592 kcal; Coleslaw V 559 kcal Cheese V 512 kcal Baked beans @ 59 566 482 kcal

British beef & pancetta lasagne

Choose: Side salad 761 kcal; Chips 1295 kcal

alcoholic drink\* soft drink\* 7.15 8.68 Chilli bean non-carne / @ 58 588 442 kcal Roasted vegetables @ 59 (500) 383 kcal

9.77

11.30