Desserts

Millionaire's shortbread V () 331 kcal Two vanilla ice cream scoops, shortbread biscuit, Belgian chocolate sauce, toffee sauce	2.32
Vanilla ice cream (V) (1999) 257 kcal Two scoops, toffee sauce, Belgian chocolate sauce	1.97
Cookie crunch V 🗱 287 kcal Two vanilla ice cream scoops, chocolate cookie, Belgian chocolate sauce	1.97
Mini warm chocolate brownie (V) (555) 397 kcal Belgian chocolate sauce, vanilla ice cream	3.13
Mini warm cookie dough sandwich 🖤 🐯 347 kcal Salted caramel filling, toffee sauce, vanilla ice cream	3.13
Mini American-style pancakes ♥ (‱) 373 kcal Two pancakes, maple-flavour syrup, vanilla ice cream	3.69
Fresh fruit and ice cream (V 69) (555) 379 kcal Apple, banana, blueberries, strawberries, vanilla ice cream	3.49
Salted caramel sticky toffee pudding V 799 kcal Vanilla ice cream	5.14
Warm chocolate fudge cake V 832 kcal. Vanilla ice cream	5.48
Warm chocolate brownie 🔮 697 kcal Belgian chocolate sauce, vanilla ice cream	5.48
Warm cookie dough sandwich 👽 601 kcal Salted caramel filling, toffee sauce, vanilla ice cream	5.48
British Bramley apple crumble Ѵ 602 kcal. Vanilla ice cream	5.77
American-style pancakes ♥ ☎ 650 kcal Four pancakes, maple-flavour syrup, vanilla ice cream	5.14
	• • • • • • • • •

Add: Vanilla ice cream scoop (97 kcal) 99p; Toffee sauce (66 kcal) 47p Belgian chocolate sauce @ (61 kcal) 47p; Banana @ (110 kcal) 60p Strawberries (14 kcal) 60p; Blueberries (17 kcal) 60p

ALLERGEN AND NUTRITIONAL INFORMATION

This can be found on the customer information screen, website and Wetherspoon app. Ingredients vary, depending on location, and may have changed since your last visit. Use the customer information screen to filter menus by specific dietary requirements, such as: • Exclude those dishes containing certain allergens.

- See full lists of ingredients. Set Calorie and carbohydrate limits
- List only vegan or vegetarian dishes.

While we have procedures for segregating preparation within meals and drinks, kitchen and bar service may involve shared preparation/cooking areas. If you have any specific food/drinks allergen needs, please inform us when ordering; we will take reasonable steps to prepare your meal safely, although cannot guarantee completely allergen-free environments or products. Staff cannot offer specific advice or recommendations beyond our published allergen communications. Swapping items may result in changes to allergens contained in the dish.

DIETARY SYMBOLS

<pre>>= Very mild ## = Mild</pre>	/// = Medium hot	
FFFF = Extremely ho		
Vegetarian ØVegan	5% fat or less 👫 Dish under 500 Calori	es

Adults need around 2000 kcal a day.§

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England, Ireland, Scotland and Wales.

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BREAKFAST Served 8am - 12 noon

Large Scottish breakfast 1474 kcal Two fried eggs, bacon, two sausages, two slices of black pudding, baked beans, potato scone, two slices of toast	5.99
Scottish breakfast 880 kcal Fried egg, bacon, sausage, black pudding, baked beans, potato scone, slice of toast	3.69
Small Scottish breakfast (7777) 445 kcal Fried egg, bacon, sausage, baked beans, potato scone	2.79
Add: Haggis (246 kcal) 1.50; Black pudding (178 kcal) 80p	
Freedom breakfast 581 kcal Two fried eggs, bacon, baked beans, two hash browns, mushroom, tomato	2.79
Large vegetarian breakfast 🕥 1075 kcal Two fried eggs, three vegan sausages, baked beans, three hash browns, mushroom, tomato, two slices of toast	5.99
Vegetarian breakfast () 729 kcal Two fried eggs, two vegan sausages, baked beans, two hash browns, mushroom, tomato, slice of toast	3.69
Small vegetarian breakfast (V) 69 (566) 281 kcal Fried egg, vegan sausage, baked beans, hash brown, tomato	2.79
Vegan breakfast @ \$616 kcal Two vegan sausages, baked beans, two hash browns, mushroom, tomato, slice of toast, vegan spread	2.79
American breakfast 1258 kcal Two fried eggs, two hash browns, maple-cured bacon, two Lincolnshire sausages, four pancakes, maple-flavour syrup	7.00
Small American breakfast 629 kcal Fried egg, hash brown, maple-cured bacon, Lincolnshire sausage, two pancakes, maple-flavour syrup	5.14

Tea and toast

Includes tea, coffee or hot chocolate. Free refills°		
Two slices of toast with jam or marmalade V 🐨 458 kcal. White bloomer bread	with drink 2.49	without drink 1.99
Breakfast wraps		
Breakfast wrap 724 kcal		4.51

Breakfast wrap 724 kcal	4.51
Fried egg, bacon, Lincolnshire sausage, hash brown, Cheddar cheese	
Vegetarian breakfast wrap V 715 kcal	4.51
Fried egg, two vegan sausages, two hash browns, Cheddar cheese	

Breakfast deals

Includes tea, coffee, hot chocolate (free refills") or a soft d	lrink.
Breakfast roll	2.49
Choose: Bacon (555) 335 kcal; Sausage 540 kcal; Vegetarian sausage 🔍 (555) 347 kcal	
Fried egg V 555 kcal; Haggis 556 450 kcal; Black pudding 559 kcal	
	2.39
Egg & cheese muffin 💙 🐨 280 kcal Fried egg, American-style cheese, in an English muffin	2.37
Egg & bacon muffin 쨼 346 kcal	2.59
Fried egg, bacon, American-style cheese, in an English muffin	
Egg & sausage muffin (1999) 449 kcal Fried egg, Lincolnshire sausage, American-style cheese, in an English muffin	2.59
Egg & vegetarian sausage muffin ♥ (55) 352 kcal Fried egg, vegan sausage, American-style cheese, in an English muffin	2.59
Breakfast muffin 514 kcal	2.79
Fried egg, Lincolnshire sausage, bacon, American-style cheese, in an English muffin	
Add: Hash brown 🥥 (82 kcal) 51p	

Eggs Benedict 756 kcal Two poached eggs, on an English muffin, with Wiltshire cured ham, Hollandaise sauce, rocket	5.29
Mushroom Benedict V 667 kcal Two poached eggs, on an English muffin, with mushroom, Hollandaise sauce, rocket	5.29
Miner's Benedict 970 kcal Two poached eggs, on an English muffin, with black pudding, Hollandaise sauce, rocket	5.29
American-style pancakes – choose: Four pancakes, banana, strawberries, blueberries, maple-flavour syrup. 👽 🌚 694 kcal	5.14
Four pancakes, maple-cured bacon, maple-flavour syrup. 645 kcal Four pancakes, maple-flavour syrup. 💟 🥸 554 kcal	5.14 4.45
Small American-style pancakes – choose:	
Two pancakes, maple-cured bacon, maple-flavour syrup. (66) 322 kcal	3.69
Two pancakes, maple-flavour syrup. V 🧐 👫 277 kcal	3.40
Scrambled egg on toast 👽 570 kcal Three eggs, buttered white bloomer toast	2.79
Beans on toast V 🧐 566 kcal. Buttered white bloomer toast Vegan option available with vegan spread 🥏 🧐 😚 460 kcal	2.79
Small beans on toast 👽 🚳 🐻 252 kcal. Buttered white bloomer toast	2.29
Fresh fruit @ 🧐 5 186 kcal. Apple, banana, blueberries, strawberries	2.99
Fresh fruit and yoghurt () (3) (5) Fresh fruit and yoghurt () (5) Apple, banana, blueberries, strawberries, Greek-style honey yoghurt	3.49
Porridge V S (57) 253 kcal (plain) Add: Banana (110 kcal) 60p: Strawberries (14 kcal) 60p Blueberries (17 kcal) 60p: Honey V (152 kcal) 30p Sliced apple (46 kcal) 60p: Maple-flavour syrup (104 kcal) 30p	1.99

Breakfast extras

		1
Add any of the following:		
Black pudding 178 kcal	80p Hash brown 🥝 82 kcal	51p
Two back bacon rashers 131 kcal	1.67 Two mushrooms 🥏 94 kcal	98p
Lincolnshire sausage 168 kcal	1.15 Two tomato halves 🥏 16 kcal	57p
Vegan sausage 🥏 72 kcal	1.15 Hollandaise sauce V 299 kcal	1.92
Fried egg V 56 kcal	98p Slice of toast 🕐 192 kcal	1.23
Poached egg V 63 kcal		98p
Two scrambled eggs 💟 136 kcal		1.73
Baked beans 🧭 126 kcal		98p

- Tea, coffee and hot chocolate -

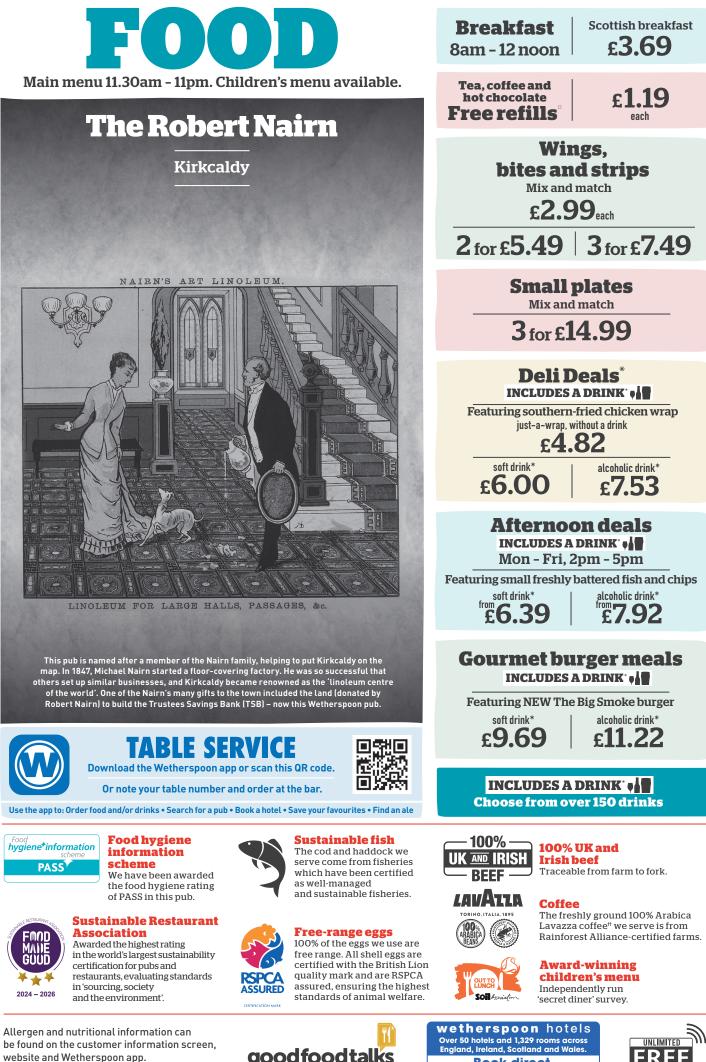


for the facts drinkaware.co.uk

idwetherspoon.com

GUU

All weights are approximate uncooked. Fish, chicken and meat dishes may contain bones. Specifications may change periodically, and Calories and other nutritional values stated (which exclude drinks options) are subject to change. Prices (in pounds sterling, including VAT) may vary per pub. Subject to local licensing restrictions and availability at participating free houses. Photography is for guidance only. J D Wetherspoon plc reserves the right to withdraw/change offers (without notice), at any time. See website for full details: jdwetherspoon.com "Offer (excluding take-away) applies on day of purchase, during one visit; is non-transferable. Exclusions apply. ement of daily Calorie needs from the Department of Health & Social Care. ** Excluding decaffeinated tea and decaffeinated coffee. *Drinks exclude bottled wine, sparkling wine, Prosecco by the bottle (200ml and 750ml), cocktail pitchers, liqueurs, bombs, shots and any drink not listed on the drinks menu. Mixers exclude J20 and all canned soft drinks, except Monster. An alternative may be offered for Coldwater Creek wines. Spirit measure offered is 25ml in all free houses, except Northern Ireland (35ml).



Adults need around 2000 kcal a day.§

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Small plates 3 for £14.99

Dinan places side 11.33	
8" pizzas. Sourdough base - proved, stretched, topped and freshly baked to order.	
Margherita V (557) 475 kcal. Mozzarella, fresh basil	6.06
Haggis 602 kcal. Mozzarella, haggis, red onion	6.66
NEW Spicy chicken //// 706 kcal	6.66
Mozzarella, spicy chicken thigh, Naga chilli and garlic & herb sauces, rocket	0.00
	6.66
Pepperoni // 556 kcal. Mozzarella, pepperoni	
Ham and mushroom 512 kcal. Mozzarella, ham, mushroom, rocket	6.66
BBQ chicken 562 kcal Mozzarella. chicken breast. BBQ sauce. red onion. rocket	6.66
	6.66
Roasted vegetable V 522 kcal Mozzarella, mushroom, roasted pepper, courgette, onion, fresh basil	0.00
Vegan roasted vegetable Ø 🙉 🎆 358 kcal	6.66
Mushroom, roasted pepper, courgette, onion, fresh basil	0.00
Spicy meat feast /// 606 kcal	7.24
Mozzarella, ham, pepperoni, chicken breast, sliced chillies, rocket	/.24
11" garlic pizza bread 💟 778 kcal	5.72
Nachos 🖅 🚺 💙 768 kcal. Cheese, guacamole, salsa, sour cream, sliced chillies	5.96
Bowl of chips 🥝 964 kcal	3.99
Bowl of chips with curry sauce 🥥 1082 kcal	5.29
Cheesy chips 💙 1256 kcal	5.49
Loaded chips 1303 kcal. Cheese, maple-cured bacon, sour cream	5.79
NEW Shawarma-chicken-topped chips 🕬 1387 kcal	5.79
Chicken thigh, Middle Eastern spices, Naga chilli and garlic & herb sauces	
Halloumi-style fries 🖊 👽 🐯 458 kcal. Sweet chilli sauce	5.11
Chicken bites (300) 403 kcal. Ten battered chicken breast pieces, BBQ sauce	6.24
Southern-fried chicken strips 🗗 547 kcal	6.24
Five chicken breast strips, Jack Daniel's® Tennessee Honey glaze	
Chicken wings //// 1113 kcal. Ten spicy chicken wings, Naga chilli sauce	6.90
Quorn [™] nuggets 🗾 🧭 😘 345 kcal	5.34
Eight coated pieces, sweet chilli sauce	
Macaroni cheese bites 💟 🍪 280 kcal	5.61
Four breaded macaroni cheese bites, salsa	

Wings, bites and strips

Mix and match

Five chicken wings /// 🚟 445 kcal. Spicy chicken wings	2.99 each
Five chicken bites (300) 161 kcal. Battered chicken breast pieces Three southern-fried chicken strips / 300) 276 kcal	2 for 5.49
Chicken breast strips Five Quorn™ nuggets Ø ເໜື 177 kcal. Five coated pieces	3 for 7.49
Add: Sweet chilli sauce 🖋 🎯 (62 kcal)	••••
Naga chilli sauce //// @ (136 kcal); BBQ sauce @ (83 kcal) Jack Daniel's® Tennessee Honey glaze @ (87 kcal) Chinatle meuro //// (150 kcal) Blue abaace seuce @ (270 kcal)	99p each

Jack Daniel's[®] Tennessee Honey glaze 🔍 (87 kcal) Chipotle mayo FFF (V) (150 kcal); Blue cheese sauce (V) (270 kcal) Garlic & herb dip 🥥 (301 kcal)

Deli Deals INCLUDES A DRINK

All wraps, paninis and 8" pizzas are freshly made to order. 12" wraps (just-a-wrap, without a drink 4.82 each) NEW Brunch wrap 741 kcal Fried egg, bacon, Lincolnshire sausage, Cheddar cheese NEW Vegetarian brunch wrap V 622 kcal Two fried eggs, two vegan sausages, Cheddar cheese Shawarma chicken **FFF** 712 kcal Chicken thigh, Middle Eastern spices, Naga chilli and garlic & herb sauces, tomato onion coriander rocket Quorn[™] nuggets **/** Ø 🚟 490 kcal soft drink* Salad leaves, tomato, cucumber, salsa 6.00 Southern-fried chicken **FFF** 623 kcal each Salad leaves, smoky chipotle mayo alcoholic drink* Cold chicken breast 🗾 😳 🐯 485 kcal 7.53 Salad leaves, sweet chilli sauce each Fried halloumi-style cheese **FF V** 727 kcal Salad leaves sweet chilli sauce tomato cucumber **Paninis** Haggis and Cheddar cheese 675 kcal

Cheddar cheese and tomato V 604 kcal Wiltshire cured ham and Cheddar cheese 580 kcal BBQ chicken, bacon and Cheddar cheese 🐵 576 kcal Tuna mayo and Cheddar cheese 581 kcal 8" pizzas

Choose any 8" pizza from the small plates section. Add: Side salad @ (111 kcal); Spicy rice 🖉 @ (203 kcal); Chips @ (602 kcal) 1.54 each

Burgers includes a DRINK Beef burgers made with 100% British beef, freshly cooked to order. ad with chins (add 602 kcal) or ask for a side salad 🙆 (add 111 kcal)

American 529 kcal	soft drink*	7.49
6oz beef patty	alcoholic drink*	9.02
American cheese 597 kcal	soft drink*	8.08
6oz beef patty, American-style cheese	alcoholic drink*	9.61

Served with chips (add 602 kcal) or ask for a side salad 🙆 (add 111 kcal).

With iceberg lettuce, tomato, red onion.	,
The classic burger 540 kcal	soft drink*
6oz beef patty	7.49
Fried buttermilk chicken 460 kcal	each
Breaded whole chicken breast fillet	alcoholic drink*
The plant burger @ 537 kcal	9.02
Plant-based patty, garlic & herb sauce	each
Halloumi-style cheese and sweet chilli	al

Fried halloumi-style cheese, sweet chilli sauce

Served with chips (add 602 kcal) or ask for a side salad (add 111 kcal).

Crunchy chicken 🖊 440 kcal

Two southern-fried chicken strips, iceberg lettuce, mayonnaise NEW Korean fried chicken / 376 kcal Two fried chicken strips, iceberg lettuce, gherkin, Korean-style sauce

Gourmet burgers Includes A DRINK

Served with six beer-battered onion rings (add 269 kcal) and chips (add 602 kcal) or ask for a side salad @ (add 111 kcal). With iceberg lettuce, tomato, red onion.

NEW Cheese meltdown

American-style cheese, smothered with Emmental & Cheddar cheese sauce Choose: Beef (6oz beef patty) 732 kcal Fried buttermilk chicken 839 kcal

NEW The Big Smoke

Pulled BBQ beef brisket, American-style cheese, manle-cured bacon Choose: Beef (6oz beef patty) 1170 kcal Fried buttermilk chicken 1310 kcal

NEW Buffalo /// 819 kcal

Fried buttermilk chicken, blue cheese sauce, Naga chilli sauce, American-style cheese, topped with a spicy chicken wing

NEW BBQ stack @ 439 kcal Plant-based natty_stacked with six onion rings and covered with BBQ sauce

Caledonian burger 879 kcal 6oz beef patty, haggis, whisky sauce

The ultimate burger 851 kcal 6oz beef patty, maple-cured bacon, Cheddar cheese, signature burger sauce, gherkin

Tennessee

Maple-cured bacon, Jack Daniel's® Tennessee Honey glaze Choose: Beef (6oz beef patty) 719 kcal Fried buttermilk chicken 639 kcal

The Empire State 1038 kcal Two 6oz beef patties, American-style cheese, maple-cured bacon, red onion, gherkin, ketchup, American-style mustard alcoholic drink* 12.68

Additional toppings Sliced pickled gherkins @ 11 kcal BBQ sauce @ 71 kcal Maple-cured bacon with Cheddar cheese 173 kcal Maple-cured bacon with American-style cheese 160 kcal Cheddar cheese V 82 kcal American-style cheese V 69 kcal	50p 99p 2.24 2.24
Maple-cured bacon 91 kcal Crunchy chicken strip 🖉 92 kcal	each 1.62
Additional burger patties 6oz beef patty 337 kcal Fried buttermilk chicken 473 kcal	2.34
Fried halloumi-style cheese 🕥 298 kcal Plant-based patty 🥥 152 kcal	each 2.07

Chicken Includes A DRINK

Sticky Korean fried chicken bowl 🖉 Chicken strips, chicken breast bites, tossed in a Korean-style sauce, soft drink* coriander. sliced chillies 7.78 Choose: Coconut-flavour rice 🚳 866 kcal; Chips 1234 kcal each Sticky Korean fried Quorn™ alcoholic drink' 'no chicken' bowl 🖉 🤕 9.31 each

Eight coated pieces, tossed in a Korean-style sauce, coriander, sliced chillies Choose: Coconut-flavour rice 🚳 712 kcal; Chips 1080 kcal

Boneless basket

Three southern-fried chicken strips, five chicken breast bites, coleslaw, BBQ sauce Choose: Side salad 720 kcal; Spicy rice 856 kcal; Chips 1255 kcal

Chicken bites basket Ten battered chicken breast pieces, coleslaw, BBQ sauce Choose: Side salad 622 kcal; Spicy rice / 758 kcal; Chips 1157 kcal

Southern-fried chicken strips basket 🖉 Five chicken strips, coleslaw, Jack Daniel's® Tennessee Honey glaze Choose: Side salad 747 kcal; Spicy rice 883 kcal; Chips 1282 kcal

Quorn[™] 'no chicken' nuggets basket **ፆ 🖉** 🔮 Eight coated pieces, coleslaw, sweet chilli sauce Choose: Side salad 520 kcal; Spicy rice 657 kcal; Chips 1056 kcal

Curries includes a drink **Classic curries** With basmati pilau rice, plain naan and poppadums.

Sweet potato, chickpea

& spinach curry **//** 🕢 🕺 916 kcal soft drink* alcoholic drink* Chicken tikka masala 🗾 1036 kcal 10.14 each Chicken jalfrezi

Beef Madras //// 1088 kcal

Change your plain naan to a garlic naan (V) (add 92 kcal) 52p

Simple curries With basmati pilau rice or chips.

Simple sweet potato, chickpea & spinach curry 🗾 🤕 Choose: Basmati pilau rice 557 kcal; Chips 959 kcal

Simple chicken tikka masala 🗾 Choose: Basmati pilau rice 676 kcal; Chips 1079 kcal

Simple chicken jalfrezi Choose: Basmati pilau rice 🚳 564 kcal; Chips 966 kcal

Simple beef Madras Choose: Basmati pilau rice 729 kcal; Chips 1131 kcal

Add: One vegetable samosa and two onion bhaiis **FF** @ (295 kcal) **1.86** Two plain poppadums 🥥 (86 kcal) 52p

Katsu curries With a mild Japanese-style katsu curry sauce, coconut-flavour rice, sliced chillies and coriander

Katsu grilled chicken curry 🖉 😳 542 kcal Sliced chicken breast soft drink* alcoholic drink* Katsu Quorn[™] nugget curry 🖉 🥝 638 kcal 9.03 Eight coated pieces each

Katsu chicken curry 🖉 828 kcal Sliced whole breaded chicken breast fillet

Curry Club[®] Thursday 11.30am - 11pm

Featuring chicken korma see Curry Club[®] menu for

Roasted vegetables Ø 58 (1999) 385 kcal

soft drink* 8.79	alcoholic drink* 10.32

full fallge.		

Jacket potatoes Includes A DRINK

With side salad and one filling. Extra fillings 1.32 each Tuna mavo 594 kcal Coleslaw V 561 kcal Cheese V 587 kcal Baked beans @ 58 (56) 484 kcal Chilli bean non-carne 📕 🙆 🚳 🎆 444 kcal

Freshly b Haddock, pea

Whitby br Chips, peas 1 Eight Whitby b

soft drink*

7.78

each

alcoholic drink*

9.31

each

11.67

each

soft drink* alcoholic drink*

9.45

each

10.56

each

soft drink*

7.15

each

alcoholic drink*

8.68

each

7.92

each

Add: Two slice Chip shop-sty

All-day br Two fried eggs baked beans, Add: Black pu

Vegetaria Two fried egg

BBQ chick Chicken breas peas, mushro

NEW Stea Peas, onion & Choose: Mash

> **Bangers** a Three Lincoln

Vegetaria Three vegan s

Wiltshire Two slices of

Sausages Three Lincoln

Vegan sau

Three vegan s Chilli bea Red peppers,

smoky chipotl

Small free

Haddock, pea Small Wh Chips, peas 6

Four Whitby b Add: Two slice

Small Wil egg and c

Chip shop-sty

One slice of W Small all-Lincolnshire s

Add: Black pu Small veg Two vegan sa

Afte	
Mon -	Fı
Choose	fro
small pı	ıb



each

soft drink*

5.21

each

alcoholic drink*

6.74

each

soft drink*

9.69

each

alcoholic drink

11.22

Pub classics INCLUDES A DRINK

INCLODES A DAI		
attered fish and chips Is 1251 kcal, mushy peas 1308 kcal or baked beans	soft drink* 10.38 1247 kcal	alcoholic drink* 11.91
r eaded scampi 135 kcal, mushy peas 1214 kcal or baked beans 113 breaded scampi	10.38 31 kcal.	11.91
es of bread ♥ (383 kcal) 1.44 yle curry sauce ∅ (118 kcal) 1.56		
r unch 1245 kcal s, bacon, two Lincolnshire sausages, chips udding (178 kcal) 80p	5.45	6.98
an all-day brunch (v) 992 kcal Is, three vegan sausages, baked beans, chips	5.45	6.98
ken melt 1132 kcal st, Cheddar cheese, bacon, BBQ sauce, iom, chips	10.38	11.91
ak & ale pudding red wine gravy hed potato 957 kcal; Chips 1260 kcal	5.45	6.98
and mash 888 kcal Ishire sausages, peas, onion & red wine gravy	8.62	10.15
an bangers and mash 👽 598 kcal sausages, peas, onion & red wine gravy	8.62	10.15
cured ham, eggs and chips 856 kcal Wiltshire cured ham, two fried eggs	5.21	6.74
s, chips and beans 1170 kcal Ishire sausages	5.45	6.98
usages, chips and beans Ø 880 kcal sausages	5.45	6.98
n non-carne 🖊 @ 🕸 629 kcal red kidney and black turtle beans, le sauce, rice, tortilla chips	5.45	6.98

Afternoon deal

Mon - Fri, 2pm - 5pm Choose from the above oub classic meals.

soft drink* alcoholic drink* 7.57 9.10

Small pub classics INCLUDES A DRINK

r shly battered fish and chips Is 687 kcal, mushy peas 744 kcal or baked bear	soft drink 8.14 ns 683 kcal	
titby breaded scampi 29 kcal, mushy peas 686 kcal or baked beans <i>6</i> oreaded scampi	8.14 625 kcal.	9.67
es of bread 🔍 (383 kcal) 1.44 yle curry sauce 🥥 (118 kcal) 1.56		
Itshire cured ham, hips 쨼 455 kcal Viltshire cured ham, fried egg	4.79	6.32
-day brunch 681 kcal sausage, bacon, fried egg, baked beans, chips udding (178 kcal) 80p	4.99	6.52
getarian all-day brunch 590 kcal uusages, fried egg, baked beans, chips	4.99	6.52
rnoon deal ri, 2pm - 5pm om the above	soft drink* 6.39	alcoholic drink* 7.92

11" pizzas includes a drink" Sourdough base - proved, stretched topped and freshly baked to order. soft drink* alcoholic drink' Margherita V 949 kcal. Mozzarella, fresh basil 7.78 9.31 Haggis 1204 kcal. Mozzarella, haggis, red onion NEW Spicy chicken **FFF** 1374 kcal Mozzarella, spicy pulled chicken thigh, Naga chilli and garlic & herb sauces, rocket Pepperoni **//** 1111 kcal. Mozzarella, pepperoni soft drink Ham and mushroom 1025 kcal 8.85 Mozzarella, ham, mushroom, rocket each BBQ chicken 1111 kcal alcoholic drink* Mozzarella, chicken breast, BBQ sauce, red onion, rocket 10.38 Roasted vegetable 💙 1044 kcal each Mozzarella, mushroom, roasted pepper, courgette, onion, fresh basil Vegan roasted vegetable @ 50 715 kcal Mushroom, roasted pepper, courgette, onion, fresh basil Spicy meat feast **FFF** 1201 kcal 9.92 11.45 Mozzarella, ham, pepperoni, chicken breast, sliced chillies, rocket Additional toppings Red onion @ 10 kcal; Sliced chillies **FFFF** @ 3 kcal; Mushroom @ 4 kcal each **93**p Garlic & herb dip @ 301 kcal; Mozzarella 💟 164 kcal; Ham 71 kcal Chicken breast 94 kcal; Maple-cured bacon 92 kcal each **1.25** Pepperoni **//** 82 kcal; Roasted vegetables **/** 90 kcal each **1.63**

Noodles, salads and pastas INCLUDES A DRINK

s Ramen noodle bowl 🎢 🥥 🕸 📷 477 kcal Noodles, bean sprouts, shiitake mushroom, spring onion, carrot, pak choi, bamboo shoots, red onion, sliced chillies, coriander, in a	soft drink* 7.29 light brot	8.82
Chicken & maple-cured bacon salad Choose: Chicken breast ()) 384 kcal Southern-fried chicken breast strips // 566 kcal	8.99	10.52
Mediterranean salad (2005) 349 kcal Pearl barley, quinoa, butternut squash, wheat berries, red pepper, pumpkin seeds, basil, dressing	7.99	9.52
Fried halloumi-style cheese & roasted vegetable salad V 607 kcal Roasted pepper, courgette, onion, pico de gallo, dressing	7.99	9.52
Additional toppings: Maple-cured bacon (91 kcal) Tuna mayo (298 kcal) Chicken breast (187 kcal) Fried buttermilk chicken (473 kcal) Spicy pulled chicken thigh	🦻 (90 kcal	
Macaroni cheese ♥ 1186 kcal. Chips Add: Cheddar cheese ♥ (292 kcal) 1.62 Maple-cured bacon (92 kcal) 1.62	8.08	9.61
Pasta alfredo ♥ 519 kcal Giant fusilli pasta, creamy pecorino & regato cheese sauce, spinach, sun-dried tomato, basil, rocket Add: Chicken breast (187 kcal) 2.07 Maple-cured bacon (91 kcal) 1.62	9.20	10.73
British beef & pancetta lasagne Choose: Side salad 814 kcal; Chips 1346 kcal	9.77	11.30

Sides and extras

Bowl of chips 🧭 964 kcal	3.99
Small bowl of chips 🧭 602 kcal	2.49
Five chicken wings 💴 445 kcal	2.99
Five chicken breast bites 161 kcal	2.99
Eight Whitby breaded scampi 464 kcal	5.19
Side salad 🥥 111 kcal	2.39
Mediterranean side salad 🧭 214 kcal	3.32
Roasted vegetables 🧭 135 kcal	1.63
Onion & red wine gravy 🥥 37 kcal	99p
Sliced chillies ///// @ 3 kcal 93p Coleslaw (V) 399 kcal	1.50
Peas ⊘ 133 kcal 99p Mushy peas 🔮 248 kcal	99p
Onion rings Ø Six 269 kcal 2.43 Twelve 538 kcal	3.65
Garlic pizza bread 🕐 8" 389 kcal 4.55 11" 778 kcal	
With cheese V 8" 479 kcal 5.13 11" 958 kcal	6.59

Adults need around 2000 kcal a day.§

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assic meals