



















Desserts

<b>NEW</b> Salted caramel sticky toffee pudding  877 kcal	5.38
Vanilla ice cream	
<b>NEW</b> Millionaire's shortbread   409 kcal	2.42
Two vanilla ice cream scoops, shortbread biscuit, Belgian chocolate sauce, toffee sauce	
<b>Vanilla ice cream</b>   334 kcal	2.06
Two scoops, toffee sauce, Belgian chocolate sauce	
<b>Cookie crunch</b>   364 kcal	2.06
Two vanilla ice cream scoops, chocolate cookie, Belgian chocolate sauce	
<b>Mini warm chocolate brownie</b>   435 kcal	3.28
Belgian chocolate sauce, vanilla ice cream	
<b>Mini warm cookie dough sandwich</b>   431 kcal	3.28
Salted caramel filling, toffee sauce, vanilla ice cream	
<b>Fresh fruit</b>    470 kcal	4.94
Apple, banana, blueberries, strawberries, vanilla ice cream	
<b>Warm chocolate fudge cake</b>  909 kcal	5.74
Vanilla ice cream	
<b>Warm chocolate brownie</b>  736 kcal	5.74
Belgian chocolate sauce, vanilla ice cream	
<b>Warm cookie dough sandwich</b>  727 kcal	5.74
Salted caramel filling, toffee sauce, vanilla ice cream	
<b>British Bramley apple crumble</b>  673 kcal	6.05
Vanilla ice cream	

Add: Vanilla ice cream scoop  (135 kcal) **99p**; Toffee sauce  (66 kcal) **47p**  
Belgian chocolate sauce  (61 kcal) **47p**; Banana  (110 kcal) **60p**  
Strawberries  (27 kcal) **60p**; Blueberries  (17 kcal) **60p**






ALLERGEN AND NUTRITIONAL INFORMATION


This can be found on the customer information screen, website and Wetherspoon app. Ingredients vary, depending on location, and may have changed since your last visit. Use the customer information screen to filter menus by specific dietary requirements, such as:


- Exclude those dishes containing certain allergens.
- See full lists of ingredients.
- Set Calorie and carbohydrate limits.
- List only vegan or vegetarian dishes.

While we have procedures for segregating preparation within meals and drinks, kitchen and bar service may involve shared preparation/cooking areas. If you have any specific food/drinks allergen needs, please inform us when ordering; we will take reasonable steps to prepare your meal safely, although cannot guarantee completely allergen-free environments or products. Staff cannot offer specific advice or recommendations beyond our published allergen communications. Swapping items may result in changes to allergens contained in the dish.

DIETARY SYMBOLS

 = Very mild  = Mild  = Medium hot  = Very hot  
 = Extremely hot

 Vegetarian  Vegan  5% fat or less  Dish under 500 Calories

 Seafood with this mark comes from an MSC-certified sustainable fishery. MSC-C-56647 www.msc.org

Adults need around 2000 kcal a day.<sup>\$</sup>

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BREAKFAST


<b>Large breakfast</b> 1343 kcal	6.59
Two fried eggs, bacon, two Lincolnshire sausages, baked beans, three hash browns, mushroom, two slices of toast	
<b>Traditional breakfast</b> 807 kcal	4.99
Fried egg, bacon, Lincolnshire sausage, baked beans, two hash browns, slice of toast	
<b>Small breakfast</b>  435 kcal	2.99
Fried egg, bacon, Lincolnshire sausage, baked beans, hash brown	
Add: Black pudding (178 kcal) <b>80p</b>	
<b>Freedom breakfast</b> 586 kcal	2.99
Two fried eggs, bacon, baked beans, two hash browns, mushroom, tomato	
<b>Large vegetarian breakfast</b>  1129 kcal	6.59
Two fried eggs, three vegan sausages, baked beans, three hash browns, mushroom, tomato, two slices of toast	
<b>Vegetarian breakfast</b>  786 kcal	4.99
Two fried eggs, two vegan sausages, baked beans, two hash browns, mushroom, tomato, slice of toast	
<b>Small vegetarian breakfast</b>    291 kcal	2.99
Fried egg, vegan sausage, baked beans, hash brown, tomato	
<b>Vegan breakfast</b>  642 kcal	2.99
Two vegan sausages, baked beans, two hash browns, mushroom, tomato, slice of toast, vegan spread	
<b>Porridge</b>    252 kcal (plain)	1.99
Add: Banana  (110 kcal) <b>60p</b> ; Strawberries  (27 kcal) <b>60p</b>	
Blueberries  (17 kcal) <b>60p</b> ; Honey  (91 kcal) <b>30p</b>	
Sliced apple  (46 kcal) <b>60p</b>	
<b>Eggs Benedict</b> 725 kcal	5.76
Two poached eggs, on an English muffin, with Wiltshire cured ham, Hollandaise sauce, rocket	
<b>Mushroom Benedict</b>  638 kcal	5.76
Two poached eggs, on an English muffin, with mushroom, Hollandaise sauce, rocket	
<b>Miner's Benedict</b> 939 kcal	5.76
Two poached eggs, on an English muffin, with black pudding, Hollandaise sauce, rocket	
<b>Scrambled egg on toast</b>  570 kcal	2.99
Three eggs, buttered white bloomer toast	
<b>Beans on toast</b>   566 kcal. Buttered white bloomer toast	2.99
<b>NEW</b> Vegan option available with vegan spread    460 kcal	
<b>Two slices of toast with jam or marmalade</b>  524 kcal	1.99
White bloomer bread	
<b>Fresh fruit</b>    200 kcal	2.99
Apple, banana, blueberries, strawberries	
<b>NEW</b> Fresh fruit and yoghurt    334 kcal	3.49
Apple, banana, blueberries, strawberries, Greek-style honey yoghurt	

Breakfast extras

Add any of the following:

<b>Black pudding</b> 178 kcal	<b>80p</b>	<b>Hash brown</b>  82 kcal	<b>51p</b>
<b>Lincolnshire sausage</b> 168 kcal	<b>1.15</b>	<b>Vegan sausage</b>  82 kcal	<b>1.15</b>
<b>Slice of toast</b>  225 kcal	<b>1.23</b>	<b>Baked beans</b>  126 kcal	<b>98p</b>
<b>Fried egg</b>  56 kcal	<b>98p</b>	<b>Poached egg</b>  63 kcal	<b>98p</b>
<b>Two scrambled eggs</b>  136 kcal			<b>1.73</b>
<b>Two rashers of back bacon</b> 131 kcal			<b>1.67</b>
<b>Two mushrooms</b>  100 kcal			<b>98p</b>
<b>Two grilled tomato halves</b>  16 kcal			<b>57p</b>






Tea and toast

Includes tea, coffee or hot chocolate. Free refills*		with drink	without drink
<b>Two slices of toast with jam or marmalade</b>  524 kcal. White bloomer bread		<b>2.49</b>	<b>1.99</b>

All weights are approximate uncooked. Fish, chicken and meat dishes may contain bones. Specifications may change periodically, and Calories and other nutritional values stated (which exclude drinks options) are subject to change. Prices (in pounds sterling, including VAT) may vary per pub. Subject to local licensing restrictions and availability at participating free houses. Photography is for guidance only. J D Wetherspoon plc reserves the right to withdraw/change offers (without notice), at any time. See our website for full details. <sup>\$</sup>Offer (excluding take-away) applies on day of purchase, during one visit; is non-transferable. Exclusions apply. <sup>†</sup>Statement of daily Calorie needs from the Department of Health & Social Care. <sup>††</sup>Excluding decaffeinated. \*Drinks exclude bottled wine, sparkling wine, Prosecco by the bottle (200ml and 750ml), cocktail pitchers, liqueurs, bombs, shots and any drink not listed on the drinks menu. Mixers exclude J20 and all canned soft drinks, except Monster. An alternative may be offered for Coldwater Creek wines. Spirit measure offered is 25ml in all free houses, except Northern Ireland (35ml). \*Choose from: Diet Pepsi, Pepsi, Pepsi Max or Pepsi Max cherry (398ml glass); apple, cranberry or orange juice (398ml glass); apple & mango, apple & raspberry or orange & passion fruit J20; Brecon Carreg natural mineral water (still/sparkling 500ml bottle), blackcurrant, lime or orange standard cordial (398ml glass); blood orange or lemon Sanpellegrino (330ml can); Passion Fruit Cooler or Raspberry Refresher 0% cocktail (215ml glass); Monster Energy, Energy Ultra, Energy Ultra Peachy Keen, Energy Ultra Rosé, Mango Loco or Pipeline Punch (500ml can); Old Jamaica ginger beer (330ml can); R White's raspberry lemonade (330ml can); Remedy kombucha raspberry lemonade (250ml can)

Served  
8am – 12 noon

Breakfast butties and wraps

<b>Bacon buttie</b> 574 kcal	2.69
Three rashers of bacon, buttered white bloomer bread	
<b>Sausage buttie</b> 714 kcal	2.69
Two Lincolnshire sausages, buttered white bloomer bread	
<b>Vegetarian sausage buttie</b>  541 kcal	2.69
Two vegan sausages, buttered white bloomer bread	
<b>NEW</b> Vegan option available with vegan spread    435 kcal	
<b>Breakfast wrap</b> 724 kcal	4.71
Fried egg, bacon, Lincolnshire sausage, hash brown, Cheddar cheese	
<b>Vegetarian breakfast wrap</b>  735 kcal	4.71
Fried egg, two vegan sausages, two hash browns, Cheddar cheese	

Breakfast muffin deal

Includes tea, coffee, hot chocolate (free refills*) or ANY soft drink*.	
<b>Egg &amp; cheese muffin</b>    249 kcal	3.31
Fried egg, American-style cheese, in an English muffin	
<b>Egg &amp; bacon muffin</b>  314 kcal	3.77
Fried egg, bacon, American-style cheese, in an English muffin	
<b>Egg &amp; sausage muffin</b>  417 kcal	3.77
Fried egg, Lincolnshire sausage, American-style cheese, in an English muffin	
<b>Egg &amp; vegetarian sausage muffin</b>   330 kcal	3.77
Fried egg, vegan sausage, American-style cheese, in an English muffin	
<b>Breakfast muffin</b>  482 kcal	3.99
Fried egg, Lincolnshire sausage, bacon, American-style cheese, in an English muffin	
Add: Hash brown  (82 kcal) <b>51p</b>	

Tea, coffee and hot chocolate

FREE

REFILLS\*

TEA, COFFEE AND  
HOT CHOCOLATE

— ALL DAY EVERY DAY —

£1.71

each

Flat white  92 kcal

Cappuccino  102 kcal

Latte  113 kcal

Mocha  147 kcal

Espresso  6 kcal

Black coffee  6 kcal

White coffee  24 kcal

Hot chocolate  169 kcal

Tea with semi-skimmed milk  14 kcal

Dairy alternative: oat sachet  4 kcal

Decaffeinated tea and coffee available.

Biscuits

Walkers shortbread  151 kcal

Belgian chocolate biscuit  129 kcal

Stem ginger biscuit  123 kcal

Salted caramel brownie bar  316 kcal

for the facts  
[drinkaware.co.uk](https://drinkaware.co.uk) [jdwetherspoon.com](https://jdwetherspoon.com)

FOOD

Main menu 11.30am – 11pm. Children's menu available.

The Prior John

Bridlington

John de Tweng was a former prior of the medieval monastery in Bridlington which became a place of pilgrimage after his death and led to the development of the town. The well-known seaside town of Bridlington began long ago as a settlement by the Roman road to Flamborough. It owed its subsequent development to Gilbert de Gant, the Lord of the Manor, who founded a priory here. Around 1200, the priory was granted permission to hold a market and fair – around the site of which the town then grew up.

Table service

Download the Wetherspoon app or scan this QR code.

Or note your table number and order at the bar.

Use the app to: Search for a pub • Book a hotel • Save your favourites • Find an ale

Food hygiene rating

We have been awarded the maximum food hygiene rating of 5 in our pub.

Sustainable fish

The cod and haddock we serve come from fisheries which have been independently certified to the MSC's standard for well-managed and sustainable fisheries.

Free-range eggs

100% of the eggs we use are free range. All shell eggs are certified with the British Lion quality mark and are RSPCA assured, ensuring the highest standards of animal welfare.

<b>Breakfast</b> 8am – 12 noon	Traditional breakfast <b>£4.99</b>
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<b>Tea, coffee and hot chocolate</b> <b>Free refills</b> 	<b>£1.71</b> each
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Deli Deals®  
INCLUDES A DRINK\* 

Featuring **NEW** small southern-fried chicken wrap just-a-wrap, without a drink

**£3.50**

soft drink*	alcoholic drink*
<b>£4.68</b>	<b>£6.21</b>

Burger meals  
INCLUDES A DRINK\* 

Featuring 3oz American burger

soft drink*	alcoholic drink*
<b>£6.01</b>	<b>£7.54</b>

Afternoon deals  
INCLUDES A DRINK\* 

Mon – Fri, 2pm – 5pm

Featuring small freshly battered fish and chips

soft drink*	alcoholic drink*
<b>£6.69</b>	<b>£8.22</b>

Steak Club®  
INCLUDES A DRINK\* 

Tuesday 11.30am – 11pm

Featuring classic 8oz sirloin

soft drink*	alcoholic drink*
<b>£10.45</b>	<b>£11.98</b>

Curry Club®  
INCLUDES A DRINK\* 

Thursday 11.30am – 11pm

Featuring the katsu curry range

soft drink*	alcoholic drink*
<b>£8.61</b>	<b>£10.14</b>

**INCLUDES A DRINK\* **  
**Choose from over 150 drinks**

Coffee

The freshly ground 100% Arabica Lavazza coffee\* we serve is from Rainforest Alliance-certified farms.

Award-winning children's menu

Independently run 'secret diner' survey.

Sustainable Restaurant Association

Awarded the highest rating in the world's largest sustainability certification for pubs and restaurants, evaluating standards in 'sourcing, society and the environment'.

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MENU\_1002



Small plates | Any 3 for £14.99

8" pizzas. Sourdough base - proved, stretched, topped and freshly baked to order.		
Margherita <sup>UNDER 500</sup> 467 kcal. Mozzarella, basil	6.36	
Pepperoni  575 kcal Mozzarella, pepperoni	6.98	
Ham and mushroom 505 kcal Mozzarella, ham, mushroom, rocket	6.98	
BBQ chicken 555 kcal Mozzarella, BBQ sauce, chicken breast, red onion, rocket	6.98	
Roasted vegetable  514 kcal Mozzarella, mushroom, roasted pepper, courgette, onion, basil	6.98	
Vegan roasted vegetable <sup>UNDER 500</sup> 355 kcal Mushroom, roasted pepper, courgette, onion, basil	6.98	
Spicy meat feast  615 kcal Mozzarella, ham, pepperoni, chicken breast, sliced chillies, rocket	7.58	
11" garlic pizza bread  772 kcal	5.72	
Nachos  695 kcal. Cheese, guacamole, salsa, sour cream, sliced chillies	5.96	
Bowl of chips  964 kcal	3.99	
Bowl of chips with curry sauce  1082 kcal	5.29	
Cheesy chips  1256 kcal	5.49	
Loaded chips 1303 kcal. Cheese, maple-cured bacon, sour cream	5.79	
With any of the small plates below, choose one dip:		
Sweet chilli  37 kcal; Sticky soy  100 kcal; Naga chilli  136 kcal		
Jack Daniel's® Tennessee Honey glaze  87 kcal; Chipotle mayo  150 kcal		
Blue cheese  270 kcal; BBQ sauce  83 kcal		
Halloumi-style fries <sup>UNDER 500</sup> 396 kcal	5.11	
Chicken bites <sup>UNDER 500</sup> 322 kcal. Ten battered chicken breast pieces	6.46	
Southern-fried chicken strips <sup>UNDER 500</sup> 459 kcal. Five chicken breast strips	6.35	
Chicken wings  813 kcal. Ten spicy chicken wings	6.90	
Quorn™ nuggets <sup>UNDER 500</sup> 331 kcal. Eight coated pieces	5.60	

Deli Deals <sup>INCLUDES A DRINK</sup>

All wraps and paninis are freshly made to order.

<b>NEW 10" wraps</b> A smaller wrap and filling.		
Small brunch wrap 559 kcal Fried egg, bacon, Lincolnshire sausage, Cheddar cheese	just-a-wrap, without a drink	
Small vegetarian brunch wrap  545 kcal Fried egg, two vegan sausages, Cheddar cheese	3.50 each	
Small shawarma chicken  502 kcal Chicken thigh, Middle Eastern spices, Naga chilli and garlic & herb sauces, tomato, onion, rocket, fresh mint	soft drink*	
Small Quorn™ nuggets <sup>UNDER 500</sup> 310 kcal Salad leaves, tomato, cucumber, salsa	4.68 each	
Small southern-fried chicken <sup>UNDER 500</sup> 399 kcal Salad leaves, smoky chipotle mayo	alcoholic drink*	
Small fried halloumi-style cheese <sup>UNDER 500</sup> 391 kcal Salad leaves, sweet chilli sauce, tomato, cucumber	6.27 each	
Add: Small side salad  (46 kcal); Small portion of chips  (329 kcal)	1.13 each	

12" wraps

<b>NEW Shawarma chicken</b> 719 kcal Chicken thigh, Middle Eastern spices, Naga chilli and garlic & herb sauces, tomato, onion, rocket, fresh mint		
Quorn™ nuggets <sup>UNDER 500</sup> 508 kcal. Tomato, cucumber, salsa		
Southern-fried chicken  609 kcal Salad leaves, smoky chipotle mayo	soft drink*	
Fried halloumi-style cheese  707 kcal Salad leaves, sweet chilli sauce, tomato, cucumber	6.27 each	
Paninis	alcoholic drink*	
Cheddar cheese and tomato  527 kcal	7.80 each	
Wiltshire cured ham and Cheddar cheese 508 kcal		
BBQ chicken, bacon and Cheddar cheese 586 kcal		
8" pizzas on a freshly baked sourdough base Choose any 8" pizza from the small plates section.		
Add: Side salad  (91 kcal); Spicy rice  (208 kcal)		
Chips  (602 kcal)	1.54 each	
Adults need around 2000 kcal a day. <sup>s</sup>		

Burgers <sup>INCLUDES A DRINK</sup>

Beef burgers made with 100% British beef, freshly cooked to order. Traceable from farm to fork.

<b>Beef burgers</b> One 3oz beef patty. Served with a small portion of chips (329 kcal, included in Calories below).		
American burger 696 kcal Red onion, gherkin, ketchup, American-style mustard	soft drink*	alcoholic drink*
Classic beef burger 677 kcal Iceberg lettuce, tomato, red onion	6.01 each	7.54 each
Skinny beef burger <sup>UNDER 500</sup> 375 kcal Iceberg lettuce, tomato, red onion, with a side salad, instead of chips		
American cheese burger 730 kcal American-style cheese, red onion, gherkin, ketchup, American-style mustard	soft drink*	6.63
	alcoholic drink*	8.16
<b>Double beef burgers</b> Two 3oz beef patties. Served with chips (602 kcal, included in Calories below).		
Double American burger 1138 kcal Red onion, gherkin, ketchup, American-style mustard	soft drink*	alcoholic drink*
Double classic beef burger 1119 kcal Iceberg lettuce, tomato, red onion	8.41 each	9.94 each
Double American cheese burger 1207 kcal American-style cheese, red onion, gherkin, ketchup, American-style mustard	soft drink*	9.01
	alcoholic drink*	10.54

Chicken burgers

Served with a small portion of chips (329 kcal, included in the Calories below).		
Crunchy chicken strip burger  776 kcal Two southern-fried chicken strips, iceberg lettuce, mayonnaise	soft drink*	6.01
	alcoholic drink*	7.54
Served with chips (602 kcal, included in Calories below).		
Fried buttermilk chicken burger 1255 kcal Breaded whole chicken breast fillet	soft drink*	alcoholic drink*
Char-grilled chicken breast burger 970 kcal	8.41 each	9.94 each
Skinny chicken burger <sup>UNDER 500</sup> 394 kcal Char-grilled chicken breast, with a side salad, instead of chips		
<b>Meat-free burgers</b> Served with chips (602 kcal, included in Calories below).		
Beyond Burger™  1043 kcal BEYOND MEAT plant-based patty, iceberg lettuce, garlic & herb sauce	soft drink*	alcoholic drink*
	8.41 each	9.94 each
Fried halloumi-style cheese burger  1118 kcal. Sweet chilli sauce		
<b>Just-a-burger</b> Served on its own, without chips or a drink.		
American burger <sup>UNDER 500</sup> 367 kcal Red onion, gherkin, ketchup, American-style mustard		each 3.67
Crunchy chicken strip burger <sup>UNDER 500</sup> 447 kcal Two southern-fried chicken strips, iceberg lettuce, mayonnaise		

Curries <sup>INCLUDES A DRINK</sup>

<b>Classic curries</b> With basmati pilau rice, plain naan and poppadums.		
Mangalorean roasted cauliflower & spinach curry <sup>UNDER 500</sup> 927 kcal	soft drink*	alcoholic drink*
Chicken tikka masala  1190 kcal	10.62 each	12.15 each
Chicken jalfrezi <sup>UNDER 500</sup> 935 kcal		
Beef Madras  1043 kcal		
Change your plain naan to a garlic naan  (add 92 kcal) 52p		
Add: One vegetable samosa and two onion bhajis  (293 kcal)	1.86	
Two plain poppadums  (86 kcal) 52p		

<b>Katsu curries</b> With a mild Japanese-style katsu curry sauce, coconut-flavour rice, sliced chillies and coriander.		
Katsu grilled chicken curry <sup>UNDER 500</sup> 542 kcal Sliced char-grilled chicken breast	soft drink*	alcoholic drink*
Katsu Quorn™ nugget curry  686 kcal Eight coated pieces	9.46 each	10.99 each
Katsu chicken curry 828 kcal Sliced whole breaded chicken breast fillet		

Jacket potatoes <sup>INCLUDES A DRINK</sup>

With side salad and one filling. Extra fillings 1.32 each.		
Coleslaw  559 kcal	soft drink*	alcoholic drink*
Cheese  512 kcal	7.48 each	9.01 each
Baked beans <sup>UNDER 500</sup> 482 kcal		
Chilli bean non-carne <sup>UNDER 500</sup> 442 kcal		
Roasted vegetables <sup>UNDER 500</sup> 383 kcal		

Gourmet burgers

Served with chips, six onion rings (871 kcal, included in Calories below).

Ultimate burger 1656 kcal Two 3oz beef patties, maple-cured bacon, Cheddar cheese, signature burger sauce, gherkin	soft drink*	
Tennessee burger Maple-cured bacon, Jack Daniel's® Tennessee Honey glaze	10.71 each	
Choose: Beef (two 3oz beef patties) 1567 kcal Char-grilled chicken breast 1417 kcal Fried buttermilk chicken 1703 kcal	alcoholic drink*	
	12.24 each	
BBQ burger Maple-cured bacon, Cheddar cheese, BBQ sauce		
Choose: Beef (two 3oz beef patties) 1644 kcal Char-grilled chicken breast 1494 kcal Fried buttermilk chicken 1780 kcal		
Fiesta burger  1380 kcal BEYOND MEAT plant-based patty, salsa, guacamole, roasted pepper, courgette, onion	soft drink*	
	12.24	
	alcoholic drink*	
	13.77	
Triple American cheese & bacon burger 1770 kcal Three 3oz beef patties, American-style cheese, maple-cured bacon, red onion, gherkin, ketchup, American-style mustard	soft drink*	
	12.24	
	alcoholic drink*	
	13.77	

Additional toppings and burger patties

Maple-cured bacon with Cheddar cheese 173 kcal	2.24	
Maple-cured bacon with American-style cheese 160 kcal	2.24	
Cheddar cheese  82 kcal	1.62	
American-style cheese  69 kcal	1.62	
Maple-cured bacon 91 kcal	1.62	
Crunchy chicken strip  92 kcal	1.60	

3oz beef patty 168 kcal		
Char-grilled chicken breast 187 kcal		
Fried buttermilk chicken 473 kcal	each 2.07	
Fried halloumi-style cheese  298 kcal		
BEYOND MEAT patty  184 kcal		

Noodles, salads and pastas <sup>INCLUDES A DRINK</sup>

<b>NEW</b> Ramen noodle bowl <sup>UNDER 500</sup> 466 kcal		
Noodles, bean sprouts, shiitake mushroom, spring onion, carrot, pak choi, bamboo shoots, red onion, sliced chillies, coriander, in a light broth	soft drink*	alcoholic drink*
Add: Char-grilled chicken breast (93 kcal) 1.25	7.29	8.82
Poached egg  (63 kcal) 98p		
Chicken & maple-cured bacon salad Choose: Char-grilled chicken breast <sup>UNDER 500</sup> 283 kcal Southern-fried chicken breast strips <sup>UNDER 500</sup> 465 kcal	8.99	10.52
Mediterranean salad <sup>UNDER 500</sup> 334 kcal Pearl barley, quinoa, butternut squash, wheat berries, red pepper, cherry tomatoes, pumpkin seeds, basil, dressing	7.99	9.52
Add: Roasted vegetables  (90 kcal) 1.63		
Char-grilled chicken breast (187 kcal) 2.07		
Burrito salad bowl  668 kcal Spicy rice, cheese, roasted pepper, courgette, onion, tortilla chips, guacamole, sliced chillies	7.99	9.52
Add: Char-grilled chicken breast (187 kcal) 2.07		
Chilli bean non-carne  (149 kcal) 2.07		

Pasta alfredo  618 kcal Fusilli pasta, creamy pecorino & regato cheese sauce, spinach, sun-dried tomato, basil, rocket	9.64	11.17
Add: Char-grilled chicken breast (187 kcal) 2.07		
Maple-cured bacon (91 kcal) 1.62		

British beef & pancetta lasagne Choose: Side salad 761 kcal; Chips 1295 kcal	10.23	11.76
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11" pizzas <sup>INCLUDES A DRINK</sup>

Sourdough base - proved, stretched, topped and freshly baked to order.		
Margherita  934 kcal. Mozzarella, basil	soft drink*	alcoholic drink*
	9.41	10.94
Pepperoni  1151 kcal. Mozzarella, pepperoni		
Ham and mushroom 1011 kcal Mozzarella, ham, mushroom, rocket	soft drink*	
BBQ chicken 1097 kcal Mozzarella, BBQ sauce, chicken breast, red onion, rocket	10.62 each	
Roasted vegetable  1028 kcal Mozzarella, mushroom, roasted pepper, courgette, onion, basil	alcoholic drink*	
	12.15 each	
Vegan roasted vegetable <sup>UNDER 500</sup> 709 kcal Mushroom, roasted pepper, courgette, onion, basil		
Spicy meat feast  1214 kcal Mozzarella, ham, pepperoni, chicken breast, sliced chillies, rocket	11.86	13.39
Additional toppings		
Red onion  10 kcal; Sliced chillies  3 kcal; Mushroom  4 kcal	each	93p
Garlic & herb dip  180 kcal; Mozzarella  150 kcal; Ham 71 kcal		
Chicken breast 94 kcal; Maple-cured bacon 91 kcal	each	1.25
Pepperoni  109 kcal; Roasted vegetables  90 kcal	each	1.63

Small pub classics <sup>INCLUDES A DRINK</sup>

Small freshly battered cod and chips <sup>UNDER 500</sup> 681 kcal or mushy peas 739 kcal	soft drink*	alcoholic drink*
	8.52	10.05
Small Whitby breaded scampi Chips, peas 629 kcal or mushy peas 686 kcal. Four Whitby breaded scampi	8.52	10.05
Add: Two slices of bread  (404 kcal) 1.44		
Chip shop-style curry sauce  (118 kcal) 1.56		
Small Wiltshire cured ham, egg and chips <sup>UNDER 500</sup> 455 kcal One slice of Wiltshire cured ham, fried egg	7.24	8.77
Small all-day brunch 681 kcal Lincolnshire sausage, bacon, fried egg, baked beans, chips	7.25	8.78
Add: Black pudding (178 kcal) 80p		
Small vegetarian all-day brunch  611 kcal Two vegan sausages, fried egg, baked beans, chips	7.25	8.78

Afternoon deal

Mon - Fri, 2pm - 5pm Choose from the above small pub classic meals.	soft drink*	alcoholic drink*
	6.69	8.22

Pub classics <sup>INCLUDES A DRINK</sup>

Freshly battered cod and chips <sup>UNDER 500</sup> 1240 kcal or mushy peas 1298 kcal	soft drink*	alcoholic drink*
	10.88	12.41
Whitby breaded scampi Chips, peas 1135 kcal or mushy peas 1192 kcal. Eight Whitby breaded scampi	10.88	12.41
Add: Two slices of bread  (404 kcal) 1.44		
Chip shop-style curry sauce  (118 kcal) 1.56		
All-day brunch 1245 kcal Two fried eggs, bacon, two Lincolnshire sausages, baked beans, chips	10.20	11.73
Add: Black pudding (178 kcal) 80p		
Vegetarian all-day brunch  1023 kcal Two fried eggs, three vegan sausages, baked beans, chips	10.20	11.73
Steak & kidney pudding 1279 kcal Chips, peas, onion & red wine gravy	9.02	10.55
Wiltshire cured ham, eggs and chips 856 kcal Two slices of Wiltshire cured ham, two fried eggs	8.42	9.95
Sausages, chips and beans 1170 kcal Three Lincolnshire sausages	8.12	9.65
Vegan sausages, chips and beans  910 kcal Three vegan sausages	8.12	9.65
NEW Chilli bean non-carne <sup>UNDER 500</sup> 635 kcal Red peppers, red kidney and black turtle beans, smoky chipotle sauce, rice, tortilla chips	9.02	10.55

Afternoon deal

Mon - Fri, 2pm - 5pm Choose from the above pub classic meals.	soft drink*	alcoholic drink*
	7.93	9.46

Steaks and grills <sup>INCLUDES A DRINK</sup>

From farms in the UK and Ireland, prime beef steaks (traceable from farm to fork), matured for 28 days, seasoned with a steak-seasoning blend and freshly cooked to your liking.		
Classic 8oz sirloin steak Choose: Side salad 526 kcal Mediterranean salad 657 kcal; Jacket potato 774 kcal Chips 1061 kcal	soft drink*	alcoholic drink*
	12.10 each	13.63 each
Gourmet 8oz sirloin steak Peas, tomato, mushroom, three onion rings, steak sauce Choose: Side salad 785 kcal Mediterranean salad 915 kcal; Jacket potato 1032 kcal Chips 1320 kcal Add your choice of steak sauce: Creamy peppercorn sauce (74 kcal) Jack Daniel's® Tennessee Honey glaze  (87 kcal) 1.92 each	soft drink*	alcoholic drink*
	14.56 each	16.09 each

Below meals are served with peas, tomato and mushroom.		
BBQ chicken melt Char-grilled chicken, Cheddar cheese, bacon, BBQ sauce Choose: Side salad <sup>UNDER 500</sup> 609 kcal; Mediterranean salad 739 kcal Jacket potato <sup>UNDER 500</sup> 856 kcal; Chips 1143 kcal	soft drink*	alcoholic drink*
	10.88	12.41
Mixed grill Gammon, pork loin, rump, lamb, Lincolnshire sausage Choose: Side salad 984 kcal; Mediterranean salad 1114 kcal Jacket potato 1231 kcal; Chips 1519 kcal	12.77	14.30
Large mixed grill Gammon, pork loin, rump, lamb, two Lincolnshire sausages, fried egg, six onion rings Choose: Side salad 1477 kcal; Mediterranean salad 1607 kcal Jacket potato 1724 kcal; Chips 2012 kcal	14.61	16.14

Chicken baskets <sup>INCLUDES A DRINK</sup>

Boneless basket Three southern-fried chicken strips, five chicken breast bites, coleslaw, BBQ sauce Choose: Side salad 720 kcal; Spicy rice 861 kcal; Chips 1255 kcal	soft drink*	
	9.41 each	
	alcoholic drink*	
	10.94 each	
Chicken bites basket Ten battered chicken breast pieces, coleslaw, sticky soy sauce Choose: Side salad 623 kcal; Spicy rice <sup>UNDER 500</sup> 763 kcal; Chips 1157 kcal		
Southern-fried chicken strips basket Five chicken strips, coleslaw, Jack Daniel's® Tennessee Honey glaze Choose: Side salad 748 kcal; Spicy rice 888 kcal; Chips 1282 kcal		

Sides and extras

Bowl of chips  964 kcal (Add: Spicy seasoning  (7 kcal) 39p)	3.99
Small bowl of chips  602 kcal	2.49
Five chicken wings  407 kcal	2.99
NEW Five chicken breast bites 161 kcal	2.99
Eight Whitby breaded scampi 464 kcal	5.19
Peas  133 kcal	99p
Mushy peas  248 kcal	99p
Side salad  91 kcal	2.39
Mediterranean side salad  198 kcal	3.32
Roasted vegetables  135 kcal	1.63
Coleslaw  399 kcal	1.50
Sliced chillies  3 kcal	93p
Six onion rings  269 kcal	2.43
Twelve onion rings  538 kcal	3.65
8" garlic pizza bread  386 kcal	4.55
8" garlic pizza bread with cheese  473 kcal	5.13
11" garlic pizza bread  772 kcal	5.72
11" garlic pizza bread with cheese  922 kcal	6.59