Sides and extras 4.23 **Bowl of chips 3** 964 kcal (Add: Spicy seasoning **3** (7 kcal) 34p) 2.48 Small bowl of chips @ 602 kcal 3.34 Five chicken wings **FFF** 407 kcal 2.99 NEW Five chicken breast bites 161 kcal 4.99 Eight Whitby breaded scampi 464 kcal 1.97 Grilled halloumi-style cheese V 447 kcal 3.22 Mediterranean side salad @ 198 kcal Sliced chillies FFFF @ 3 kcal a88 Peas 133 kcal Mushy peas V 248 kcal 94p Side salad @ 91 kcal 2.29 **Coleslaw 399** kcal **1.40** 94p Chicken gravy 50 kcal Roasted vegetables @ 135 kcal 1.53 Onion rings 🕖 Six 269 kcal 2.33 Twelve 538 kcal 3.50 Garlic pizza bread 💟 8" 386 kcal 4.40 **11**" 772 kcal **5.57** With cheese V 8" 473 kcal 4.98 11" 922 kcal 6.44

Desserts	
11" sharing dessert pizza \$\infty\$ 883 kcal Banana, strawberries, chocolate cookie, toffee sauce, Belgian chocolate sauce	5.99
NEW Chocolate & salted caramel torte Chocolate biscuit base, chocolate & salted caramel filling Vanilla ice cream ♥ 746 kcal or coconut ice cream ⊚ 701 kcal	5.33
NEW Salted caramel sticky toffee pudding Vanilla ice cream 877 kcal or custard 741 kcal	4.99
Millionaire's shortbread ♥ (555) 409 kcal Two vanilla ice cream scoops, shortbread biscuit, Belgian chocolate sauce, toffee sau	2.17 ce
Vanilla ice cream ♥ (\$555) 334 kcal Two scoops, toffee sauce, Belgian chocolate sauce	1.82
Cookie crunch ♥ (\$355) 364 kcal Two vanilla ice cream scoops, chocolate cookie, Belgian chocolate sauce	1.82
Mini warm chocolate brownie V (355) 435 kcal Belgian chocolate sauce, vanilla ice cream	2.98
Mini warm cookie dough sandwich 👽 📆 431 kcal Salted caramel filling, toffee sauce, vanilla ice cream	2.98
Mini American-style pancakes (*) 412 kcal Two pancakes, maple-flavour syrup, vanilla ice cream	3.54
Fresh fruit 💜 🥸 ; 470 kcal Apple, banana, blueberries, strawberries, vanilla ice cream	4.56
Warm chocolate fudge cake ♥ 909 kcal. Vanilla ice cream	5.33
Warm chocolate brownie ♥ 736 kcal Belgian chocolate sauce, vanilla ice cream	5.33
Warm cookie dough sandwich ♥ 727 kcal Salted caramel filling, toffee sauce, vanilla ice cream	5.33
British Bramley apple crumble Vanilla ice cream ♥ 673 kcal, coconut ice cream ۞ 628 kcal or custard ጭ 537 kc	5.62 al
American-style pancakes ♥ № 689 kcal Four pancakes, maple-flavour syrup, vanilla ice cream	4.99

Add: Custard (134 kcal) 1.23; Vanilla ice cream scoop (135 kcal) 94p Belgian chocolate sauce ⊘ (61 kcal) 42p; Toffee sauce ♥ (66 kcal) 42p Banana (110 kcal) 62p; Strawberries (27 kcal) 62p; Blueberries (17 kcal) 62p

While we have procedures for segregating

kitchen and har service may involve shared

preparation within meals and drinks,

preparation/cooking areas. If you have

any specific food/drinks allergen needs

please inform us when ordering; we will

meal safely, although cannot guarantee

allergen communications. Swapping

items may result in changes to allergens

completely allergen-free environments or

products. Staff cannot offer specific advice

or recommendations beyond our published

take reasonable steps to prepare your

ALLERGEN AND NUTRITIONAL INFORMATION

This can be found on our menus. customer information screen, website and Wetherspoon app. Ingredients vary, depending on location, and may have changed since your last visit. Use the ustomer information screen to filter menus by specific dietary requirements,

- Exclude those dishes containing certain
- See full lists of ingredients.
- Set Calorie and carbohydrate limits.

- List only yegan or yegetarian dishes.

DIETARY SYMBOLS

= Very mild = Mild = Medium hot = Very hot = Extremely hot Vegetarian Vegan 5% fat or less 500 Dish under 500 Calories

Seafood with this mark comes from an MSC-certified sustainable fishery. MSC-C-56647 www.msc.org

Adults need around 2000 kcal a day.§

BREAKFAST

DALAMI	
Large breakfast 1343 kcal Two fried eggs, bacon, two Lincolnshire sausages, baked beans,	6.59
three hash browns, mushroom, two slices of toast Traditional breakfast 807 kcal Fried egg, bacon, Lincolnshire sausage, baked beans,	4.99
two hash browns, slice of toast Small breakfast 335 kcal Fried egg, bacon, Lincolnshire sausage, baked beans, hash brown	4.45
Add: Black pudding (178 kcal) 75p	
Freedom breakfast 586 kcal	4.45
Two fried eggs, bacon, baked beans, two hash browns, mushroom, tomato Large vegetarian breakfast 1129 kcal Two fried eggs, three vegan sausages, baked beans, three hash browns,	6.59
mushroom, tomato, two slices of toast Vegetarian breakfast 786 kcal Two fried eggs, two vegan sausages, baked beans, two hash browns,	4.99
mushroom, tomato, slice of toast	
Small vegetarian breakfast 👽 😵 📆 291 kcal Fried egg, vegan sausage, baked beans, hash brown, tomato	4.45
Vegan breakfast ⊘ 642 kcal Two vegan sausages, baked beans, two hash browns, mushroom,	4.61
tomato, slice of toast, vegan spread American breakfast 1258 kcal Two fried eggs, two hash browns, maple-cured bacon, two Lincolnshire sausages, four pancakes, maple-flavour syrup	6.85
Small American breakfast 629 kcal Fried egg, hash brown, maple-cured bacon, Lincolnshire sausage,	4.99
two pancakes, maple-flavour syrup Creamy jumbo oat porridge (new recipe: now contains gluten) 198 kcal (plain)	2.09
Add: Banana ⊘ (110 kcal) 62p; Maple-flavour syrup ⊘ (125 kcal) 34p Strawberries ⊘ (27 kcal) 62p; Blueberries ⊘ (17 kcal) 62p Honey ♥ (91 kcal) 34p; Sliced apple ⊘ (46 kcal) 62p	
Shakshuka ✓ 547 kcal Two poached eggs, lightly spiced Mediterranean tomato & pepper sauce, rocket, toasted ciabatta Add: Grilled halloumi-style cheese ✓ (447 kcal) 1.97	5.14
Maple-cured bacon (91 kcal) 1.52	
NEW Fiesta brunch / © 659 kcal	3.88
Poached egg, toast, guacamole, pico de gallo, grilled halloumi-style cheese, mushroom, Eggs Benedict 725 kcal	5.14
Two poached eggs, on an English muffin, with Wiltshire cured ham, Hollandaise sauce, rocket	
Mushroom Benedict ♥ 638 kcal	5.14
Two poached eggs, on an English muffin, with mushroom, Hollandaise sauce, rocket	
Miner's Benedict 939 kcal	5.14
Two poached eggs, on an English muffin, with black pudding, Hollandaise sauce, rocket	
American-style pancakes	
Four pancakes, banana, strawberries, blueberries, maple-flavour syrup. 🗸 🚳 708 kcal	4.99
Four pancakes, maple-cured bacon, maple-flavour syrup. 645 kcal Four pancakes, maple-flavour syrup. © \$554 kcal	4.99 4.30
Small American-style pancakes Two pancakes, maple-cured bacon, maple-flavour syrup. (322 kcal	3.54
Two pancakes, maple-flavour syrup. V 🚳 \varpi 277 kcal Scrambled egg on toast V 570 kcal	3.25 3.77
Three eggs, buttered white bloomer toast Beans on toast \$\infty\$ \omega 566 kcal. Buttered white bloomer toast	3.66
Vegan option available with vegan spread 🥏 🚳 😘 460 kcal	
Small beans on toast ♥ ॐ ♥ 252 kcal Buttered white bloomer toast	2.62
Two slices of toast with jam or marmalade ♥ 524 kcal White bloomer bread	2.47
Fresh fruit @ 😵 🐯 200 kcal Apple, banana, blueberries, strawberries	3.66
NEW Fresh fruit and yoghurt \$\infty\$ \$	4.45

Apple, banana, blueberries, strawberries, Greek-style honey yoghurt

Breakfast extras

Add any of the following:			
Black pudding 178 kcal	75p	Hash brown 🕢 82 kcal	46p
Lincolnshire sausage 168 kcal	1.05	Vegan sausage 🕢 82 kcal	1.05
Slice of toast V 225 kcal	1.13	Baked beans @ 126 kcal	93p
Fried egg V 56 kcal	93p	Poached egg V 63 kcal	93p
Two scrambled eggs V 136 kcal			1.63
Two rashers of back bacon 131	kcal		1.57
Four rashers of maple-cured b	acon 91	kcal	1.52
Two mushrooms @ 100 kcal			93p
Two grilled tomato halves @ 16	kcal		52p
Grilled halloumi-style cheese V 447 kcal			1.97

Breakfast butties and wrans

ni caviasi naities ana miahs	
Bacon butty 574 kcal	3.88
Three rashers of bacon, buttered white bloomer bread	
Sausage butty 714 kcal	3.88
Two Lincolnshire sausages, buttered white bloomer bread	
Vegetarian sausage butty ♥ 541 kcal	3.88
Two vegan sausages, buttered white bloomer bread	
Vegan option available with vegan spread 🥏 🥯 😘 435 kcal	
Breakfast wrap 724 kcal	4.36
Fried egg, bacon, Lincolnshire sausage, hash brown, Cheddar cheese	
Vegetarian breakfast wrap V 735 kcal	4.36
Fried egg, two vegan sausages, two hash browns, Cheddar cheese	

Breakfast muffin deal

Includes tea, coffee or hot chocolate. Free refills"	
Egg & cheese muffin ♥ (567) 249 kcal Fried egg, American-style cheese, in an English muffin	3.31
Egg & bacon muffin (35) 314 kcal Fried egg, bacon, American-style cheese, in an English muffin	3.77
Egg & sausage muffin 417 kcal Fried egg, Lincolnshire sausage, American-style cheese, in an English muffin	3.77
Egg & vegetarian sausage muffin V (33) 330 kcal Fried egg, vegan sausage, American-style cheese, in an English muffin	3.77
Breakfast muffin 355 482 kcal Fried egg, Lincolnshire sausage, bacon, American-style cheese, in an English muffi	4.01
Smashed avocado muffin @ \$\circ\$ \$\circ\$ 271 kcal Guacamole, pico de gallo, on an English muffin, rocket Add: Maple-cured bacon (91 kcal) 1.52; Poached egg \$\circ\$ (63 kcal) 93p	4.01
Grilled halloumi-style cheese ♥ (447 kcal) 1.97 Add: Hash brown (82 kcal) 46p	

-Tea. coffee and hot chocolate-



LAVATIA (ARABICA) (SO)



Cappuccino 102 kcal Latte V 113 kcal Mocha V 147 kcal Espresso @ 6 kcal Black coffee @ 6 kcal White coffee 24 kcal Hot chocolate 169 kcal Tea

Flat white **9** 92 kcal

with semi-skimmed milk **V** 14 kcal Dairy alternative: oat sachet @ 4 kcal Decaffeinated tea and coffee available

Biscuits

Walkers shortbread V 151 kcal 71p Stem ginger biscuit V 123 kcal 71p Belgian chocolate biscuit V 129 kcal 71p Salted caramel brownie bar V 316 kcal 1.64

All weights are approximate uncooked. Fish, chicken and meat dishes may contain bones. Specifications may change periodically, and Calories and other nutritional values stated (which exclude drinks options) are subject to change. Prices (in pounds sterling, including VAT) may vary per pub. Subject to local licensing restrictions and availability at participating free houses. Photography is for guidance only. J D Wetherspoon plc reserves the right to withdraw/change offers (without notice), at any time. See our website for full details: jdwetherspoon.com Offer (excluding take-away) applies on day of purchase, during one visit; is non-transferable. Exclusions apply. *Non-refundable advance purchase rates, available to book direct on our website, and and on the telephone. Statement of daily Calorie needs from the Department of Health & Social Care. "Excluding decaffeinated. "Drinks exclude bottled wine, sparkling wine, Prosecco by the bottle (200ml and 750ml), cocktail pitchers, spritz cocktails, liqueurs, bombs, shots and any drink not listed on the drinks menu. Mixers exclude J2O and all canned

for the facts drinkaware.co.uk idwetherspoon.com ≥

Main menu 11.30am - 11pm. Children's menu available.

The Shoulder of Mutton Ashby-de-la-Zouch This historic inn is first recorded in 1757 in the will of a butcher named Samuel Adams. It was later run by his son, also a butcher, and stayed with the Adams family until 1838. Originally, it occupied just 1 Market Street. In 1841, no.3 was occupied



Table service

by a saddler, then a plumber, ironmonger and bootmaker. During the 1930s, it was a wool shop and became part of the pub only in the late 20th century.

Download the Wetherspoon app or scan this QR code.

Or note your table number and order at the bar.

Use the app to: Search for a pub • Book a hotel • Save your favourites • Find an ale



We have been awarded the maximum food hygiene rating of 5 in our pub.



iustainable fish

The cod and haddock we serve come from fisheries which have been independently certified to the MSC's standard for well-managed and sustainable



100% UK and Irish beef

From farms in the UK and Ireland, prime beef steaks matured for 28 days. Traceable from farm to fork.



Free-range eggs 100% of the eggs we use are free range. All shell eggs are certified with the British Lion quality mark and are RSPCA assured, ensuring the highest

standards of animal welfare.





LAVATIA Coffee
The freshly ground 100% Arabica Lavazza coffee^{tt} we serve is from Rainforest Alliance-certified farms

Award-winning





Sustainable Restaurant Association



Awarded the highest rating in the world's largest sustainability certification for pubs and restaurants, evaluating standards in 'sourcing, society and the environment'.

Allergen and nutritional information can be found on our customer information screen, website and Wetherspoon app. Adults need around 2000 kcal a day.§







Traditional

breakfast

£4.99

Breakfast

8am - 12 noon

Tea. coffee and

hot chocolate

Deli Deals

INCLUDES A DRINK •

Featuring NEW small southern-fried chicken wrap just-a-wrap, without a drink

£3.08

Burger meals INCLUDES A DRINK • Featuring 3oz American burger

Afternoon deals INCLUDES A DRINK Mon - Fri, 2pm - 5pm

Featuring small freshly battered fish and chips

Steak Club INCLUDES A DRINK' • **Tuesday 11.30am - 11pm**

Featuring classic 8oz sirloin

Curry Club

INCLUDES A DRINK •

Thursday 11.30am - 11pm Featuring the katsu curry range

INCLUDES A DRINK •

Choose from over 150 drinks

alcoholic drink*

£5.64

alcoholic drink*

£6.97

£7.62

alcoholic drink*

£11.20

alcoholic drink*

£9.44

Free refills

£4.11

£5.44

soft drink*

£6.09

£9.67

soft drink*

£7.91

Small plates Any 3 for £14.93

Siliali plates Ally 3101 £14.33	
8" pizzas. Sourdough base — proved, stretched, topped and freshly baked to or Margherita (*) (255) 467 kcal. Mozzarella, basil NEW Spicy chicken /// 706 kcal Mozzarella, spicy pulled chicken thigh, Naga chilli and garlic & herb sauces, rocket	der. 5.91 6.51
Pepperoni / 575 kcal. Mozzarella, pepperoni	6.51
Ham and mushroom 505 kcal. Mozzarella, ham, mushroom, rocket	6.51
BBQ chicken 555 kcal. Mozzarella, BBQ sauce, chicken breast, red onion, rocket	6.51
Roasted vegetable © 514 kcal Mozzarella, mushroom, roasted pepper, courgette, onion, basil	6.51
Roasted vegetable and vegan cheeze @ 5% 5555 416 kcal	6.51
Mushroom, roasted pepper, courgette, onion, basil Spicy meat feast /// 615 kcal	7.09
Mozzarella, ham, pepperoni, chicken breast, sliced chillies, rocket	7.07
NEW Char-grilled halloumi-style cheese V 514 kcal	4.96
Rocket, roasted pepper, courgette, onion, salsa	
Char-grilled tandoori chicken breast skewer 200 223 kcal. Rocket, pico de gallo, garlic & herb sauce	4.96
11" garlic pizza bread V 772 kcal	5.57
Nachos /// 👽 695 kcal. Cheese, guacamole, salsa, sour cream, sliced chillies	5.81
Add: Spicy pulled chicken thigh 🖊 (249 kcal) 2.99	
Bowl of chips @ 964 kcal	4.23
NEW Shawarma-chicken-topped chips /// 1387 kcal Chicken thigh, Middle Eastern spices, Naga chilli and garlic & herb sauces	6.03
Bowl of chips with curry sauce @ 1082 kcal	5.58
Cheesy chips ♥ 1256 kcal	5.41
Loaded chips 1303 kcal. Cheese, maple-cured bacon, sour cream	6.03
Tomato & basil soup ♥ ♥ ♥ ♥ ₹ 374 kcal. White bloomer bread Vegan option available with vegan spread Ø ♥ ♥ ₹ 285 kcal	4.23
With any of the small plates below, choose one dip:	•••••
NEW Korean-style dip V 96 kcal; Sweet chilli FF @ 37 kcal; Sticky soy V 10	10 kcal
Naga chilli	
Halloumi-style fries (*) \$360 800 800 800 800 800 800 800 800 800 8	4.96
Chicken bites 322 kcal. Ten battered chicken breast pieces	5.91
Southern-fried chicken strips / 350 459 kcal. Five chicken breast strips	
Chicken wings /// 813 kcal. Ten spicy chicken wings	6.26
Quorn™ nuggets ⊘ SSSS 331 kcal. Eight coated pieces	5.19

Deli Deals INCLUDES A DRINK

All wraps and paninis are freshly made to order.	
NEW 10" wraps A smaller wrap and filling. Small Korean fried chicken 384 kcal lceberg lettuce, cucumber, coriander, Korean-style sauce	
Small brunch wrap 559 kcal Fried egg, bacon, Lincolnshire sausage, Cheddar cheese	just-a-wrap, without a drink
Small vegetarian brunch wrap ♥ 545 kcal Fried egg, two vegan sausages, Cheddar cheese	3.08 each
Small shawarma chicken /// 502 kcal	
Chicken thigh, Middle Eastern spices, Naga chilli and garlic & herb sauces, tomato, onion, rocket, fresh mint	soft drink*
Small Quorn [™] nuggets @ ‱ 310 kcal Salad leaves, tomato, cucumber, salsa	4.11 each
Small southern-fried chicken /// 555 399 kcal Salad leaves, smoky chipotle mayo	alcoholic drink* 5.64
Small cold chicken breast \$\tilde{P}\$ \tilde{\text{Sol}} 277 kcal Salad leaves, sweet chilli sauce	each
Small fried halloumi-style cheese // V 5555 391 kcal	

NEW Korean fried chicken 618 kcal

Salad leaves, sweet chilli sauce, tomato, cucumber

Iceberg lettuce, cucumber, coriander, Korean-style sauce

Shawarma chicken **FFF** 719 kcal. Chicken thigh, Middle Eastern spices, Naga chilli and garlic & herb sauces, tomato, onion, rocket, fresh mint

Add: Small side salad (46 kcal); Small portion of chips (329 kcal) 1.03 each

Southern-fried chicken **FFF** 609 kcal

Salad leaves, smoky chipotle mayo Cold chicken breast 479 kcal

soft drink* Salad leaves, sweet chilli sauce Fried halloumi-style cheese FF V 707 kcal 5.70 Salad leaves, sweet chilli sauce, tomato, cucumber each **Quorn**[™] **nuggets** Ø **5**08 kcal. Tomato, cucumber, salsa alcoholic drink* 7.23

each

NEW Roasted vegetable and vegan cheeze @ 480 kcal Tuna mayo and Cheddar cheese 590 kcal

Cheddar cheese and tomato V 527 kcal

Wiltshire cured ham and Cheddar cheese 508 kcal BBQ chicken, bacon and Cheddar cheese 586 kcal

8" pizzas on a freshly baked sourdough base

Choose any 8" pizza from the small plates section.

Add: Side salad @ (91 kcal); Tomato & basil soup @ (150 kcal) Spicy rice (208 kcal); Chips (602 kcal) 1.44 each

UITGETS INCLUDES A DRINK Beef burgers made with 100% British beef, freshly cooked to order. Traceable from farm to for
--

soft drink*

soft drink* alcoholic drink*

9.15

each

alcoholic drink*

10.26

each

7.62

each

soft drink*

8.73

each

Chicken burgers

Breaded whole chicken breast fillet

Beyond Burger[™] **1**043 kcal

Meat-free burgers

Served with a small portion of chips (329 kcal, included in Calories below).

Two fried chicken strips, iceberg lettuce, gherkin, Korean-style sauce

NEW Korean crunchy chicken strip burger 712 kcal

Two southern-fried chicken strips, iceberg lettuce, mayonnaise

Crunchy chicken strip burger **₱** 776 kcal

Served with chips (602 kcal, included in Calories below).

Fried buttermilk chicken burger 1255 kcal

Char-grilled chicken breast burger 970 kcal

Char-grilled chicken breast, with a side salad, instead of chips

BEYOND MEAT plant-based patty, iceberg lettuce, garlic & herb sauce

Served with chips (602 kcal, included in Calories below).

Breaded vegetable burger V 1039 kcal

Lentils, carrot, onion, sweetcorn, mushroom, mozzarella,

Skinny chicken burger 58 58 394 kcal

Beef burgers One 3oz beef patty.	
erved with a small portion of chips (329 kcal, included in Calories below). American burger 696 kcal	soft drink*
ed onion, gherkin, ketchup, American-style mustard	5.44 each
Classic beef burger 677 kcal	alcoholic drink*
eberg lettuce, tomato, red onion kinny beef burger 375 kcal	6.97 each
eberg lettuce, tomato, red onion, with a side salad, instead of chips	
	ft drink* 6.04 ic drink* 7.57
Double beef burgers Two 3oz beef patties. erved with chips (602 kcal, included in Calories below).	soft drink*
Oouble American burger 1138 kcal	each
ed onion, gherkin, ketchup, American-style mustard Double classic beef burger 1119 kcal Jeberg lettuce, tomato, red onion	alcoholic drink* 9.26 each
	ft drink* 8.30 ic drink* 9.83

Gourmet burgers Served with chips, six onion rings (871 kcal, included in Calories below). **Ultimate burger** 1656 kcal

Two 3oz beef patties, maple-cured bacon, Cheddar cheese, signature burger sauce, gherkin Tennessee burger

Maple-cured bacon, Jack Daniel's® Tennessee Honey glaze Choose: Beef (two 3oz beef patties) 1567 kcal

Char-grilled chicken breast 1417 kcal; Fried buttermilk chicken 1703 kcal BBQ burger Maple-cured bacon, Cheddar cheese, BBQ sauce Choose: Beef (two 3oz beef patties) 1644 kcal alcoholic drink* Char-grilled chicken breast 1494 kcal; Fried buttermilk chicken 1780 kcal 11.46

Heatwave burger Naga chilli mayo. American-style cheese, hash brown.

topped with a spicy chicken wing Choose: Char-grilled chicken breast 1722 kcal; Fried buttermilk chicken 2007 kcal Fiesta burger @ 1380 kcal

BEYOND MEAT plant-based patty, salsa, guacamole, roasted pepper, courgette, onion

Triple American cheese & bacon burger 1770 kcal soft drink* 11.38 Three 3oz beef patties, American-style cheese, maple-cured bacon, alcoholic drink* 12.91 red onion, gherkin, ketchup, American-style mustard

CUTTIES INCLUDES A DRINK

Classic curries With basmati pilau rice, plain naan and poppadums.

Mangalorean roasted cauliflower & spinach curry // @ 329 927 kcal Chicken tikka masala // 1190 kcal soft drink* alcoholic drink* Chicken jalfrezi PPP 32935 kcal 9.84 11.37 Beef Madras // 1043 kcal

Change your plain naan to a garlic naan (V) (add 92 kcal) 47p

Simple curries With basmati pilau rice or chips.

Simple Mangalorean roasted cauliflower & spinach curry // @ Choose: Basmati pilau rice 599 568 kcal: Chips 970 kcal

Simple chicken tikka masala Choose: Basmati pilau rice 830 kcal; Chips 1232 kcal

Simple chicken jalfrezi Choose: Basmati pilau rice 🚳 575 kcal; Chips 977 kcal

Simple beef Madras Choose: Basmati pilau rice 684 kcal; Chips 1086 kcal

Add: One vegetable samosa and two onion bhajis // @ (293 kcal) 1.76 Two plain poppadums @ (86 kcal) 47p

NEW Char-grilled tandoori chicken breast skewer // (145 kcal) 3.99

Katsu curries With a mild Japanese-style katsu curry sauce, coconut-flavour rice, sliced chillies and coriander Katsu grilled chicken curry 52 542 kcal

Sliced char-grilled chicken breast Katsu Quorn™ nugget curry @ 686 kcal

Eight coated pieces Katsu chicken curry 828 kcal

Adults need around 2000 kcal a day.§

Sliced whole breaded chicken breast fillet

mature Cheddar cheese Fried halloumi-style cheese burger / 🗸 🕠 1118 kcal. Sweet chilli sauce Just-a-burger Served on its own, without chips or a drink. NEW Korean crunchy chicken strip burger 🚳 383 kcal Two fried chicken strips, iceberg lettuce, gherkin, Korean-style sauce American burger 555 367 kcal Red onion, gherkin, ketchup, American-style mustard Crunchy chicken strip burger / 447 kcal Two southern-fried chicken strips, iceberg lettuce, mayonnaise Additional toppings and burger patties Maple-cured bacon with Cheddar cheese 173 kcal Maple-cured bacon with American-style cheese 160 kcal Cheddar cheese
82 kcal American-style cheese V 69 kcal NEW Vegan cheeze @ 57 kcal Maple-cured bacon 91 kcal Crunchy chicken strip 92 kcal 3oz beef patty 168 kcal; Char-grilled chicken breast 187 kcal Fried buttermilk chicken 473 kcal; Breaded vegetable patty 257 kcal Fried halloumi-style cheese V 298 kcal BEYOND MEAT patty @ 184 kcal

INCLUDES A DRINK

Char-grilled tandoori chicken breast skewers 77 762 kcal. Two skewers, basmati pilau rice, roasted pepper, courgette, onion, rocket, garlic & herb sauce	soft drink* 8.68 each
NEW Sticky Korean fried chicken bowl 961 kcal	alcoholic drink*
Chicken strips, chicken breast bites,	10.21
chips tossed in a Korean-style sauce, coriander, sliced chillies	each

Chicken on the bone is marinated, slow cooked and finished on the char-crill. Peri-peri char-grilled half chicken

Lemon and herb **F** Char-grilled in a lemon & herb glaze Coleslaw, garlic & herb dip Choose: Side salad 918 kcal; Mediterranean salad 1048 kcal Spicy rice 1059 kcal; Mashed potato 1137 kcal; Chips 1453 kcal Hot and spicy FFF Char-grilled in a Naga chilli & citrus glaze Coleslaw. Naga chilli dip

Choose: Side salad 888 kcal; Mediterranean salad 1018 kcal Spicy rice 1029 kcal; Mashed potato 1107 kcal; Chips 1423 kcal Char-grilled half chicken, mash and gravy 818 kcal Lemon & herb chicken, peas, chicken gravy

Chicken baskets

Boneless basket 🍠 Three southern-fried chicken strips, five chicken breast bites, coleslaw BBO sauce

Choose: Side salad 720 kcal; Spicy rice 861 kcal; Chips 1255 kcal Chicken wing basket FFF Eight wings, coleslaw, Naga chilli dip Choose: Side salad 987 kcal; Spicy rice 1127 kcal; Chips 1522 kcal Chicken bites basket Ten battered chicken breast pieces, coleslaw, sticky soy sauce

Choose: Side salad 623 kcal; Spicy rice 39 763 kcal; Chips 1157 kcal Southern-fried chicken strips basket / Five chicken strips, coleslaw, Jack Daniel's® Tennessee Honey glaze Choose: Side salad 748 kcal: Spicy rice 888 kcal: Chips 1282 kcal

Quorn™ 'no chicken' nuggets basket **//** ∨ Eight coated pieces, coleslaw, sweet chilli sauce Choose: Side salad 569 kcal; Spicy rice 709 kcal; Chips 1104 kcal

Sourdough base - proved, stretched, topped and freshly baked to order soft drink* alcoholic drink* Margherita V 934 kcal. Mozzarella, basil 8.68 10.21 NEW Spicy chicken 777 1374 kcal Mozzarella, spicy pulled chicken thigh, Naga chilli and garlic & herb sauces, rocket Pepperoni 🖊 1151 kcal. Mozzarella, pepperoni soft drink* Ham and mushroom 1011 kcal 9.84 Mozzarella ham mushroom rocket BBQ chicken 1097 kcal alcoholic drink* Mozzarella, BBQ sauce, chicken breast, red onion, rocket 11.37 Roasted vegetable V 1028 kcal each Mozzarella, mushroom, roasted pepper, courgette, onion, basil Roasted vegetable and vegan cheeze @ 53 829 kcal Mushroom, roasted pepper, courgette, onion, basil 11.02 12.55 Spicy meat feast **FFF** 1214 kcal Mozzarella, ham, pepperoni, chicken breast, sliced chillies, rocket Additional toppings Red onion 10 kcal; Sliced chillies 7777 3 kcal; Mushroom 4 kcal each 88p Garlic & herb dip @ 180 kcal; Mozzarella V 150 kcal; Ham 71 kcal Chicken breast 94 kcal; Maple-cured bacon 91 kcal each **1.15** each **1.53** Pepperoni **//** 109 kcal; **Roasted vegetables ②** 90 kcal Small pub classics includes a drink of

11"DIZZAS INCLUDES A DRINK .

soft drink*

5.44

each

alcoholic drink*

6.97

each

soft drink*

7.73

each

alcoholic drink*

9.26

each

soft drink*

7.73

each

alcoholic drink*

9.26

each

3.36

2 14

2.14

1.52

1.52

1.52

1.52

1.50

each 1.97

soft drink*

10.83

each

alcoholic drink

12.36

each

soft drink*

8.68

each

alcoholic drink*

10.21

each

Add: Chicken

gravy (50 kcal)

94p

<u> </u>		
Small freshly battered cod and chips Peas 681 kcal or mushy peas 739 kcal	soft drink* 7.84	alcoholic drink* 9.37
Small Whitby breaded scampi Chips, peas 629 kcal or mushy peas 686 kcal. Four Whitby breaded scampi	7.84	9.37
Add: Two slices of bread ♥ (404 kcal) 1.34 Chip shop-style curry sauce ⊚ (118 kcal) 1.46	•	
Small Wiltshire cured ham, egg and chips (35) 455 kcal One slice of Wiltshire cured ham, fried egg	6.61	8.14
Small all-day brunch 681 kcal Lincolnshire sausage, bacon, fried egg, baked beans, chips	6.91	8.44

Afternoon deal

Two vegan sausages, fried egg, baked beans, chips

Add: Black pudding (178 kcal) 75p

soft drink* alcoholic drink' Mon - Fri, 2pm - 5pm 6.09

Small vegetarian all-day brunch V 611 kcal

Pub classics includes a drink

	soft drink*	alcoholic drink*
Freshly battered cod and chips Peas 1240 kcal or mushy peas 1298 kcal	10.08	11.61
Whitby breaded scampi Chips, peas 1135 kcal or mushy peas 1192 kcal. Eight Whitby breaded scampi	10.08	11.61
Add: Two slices of bread ♥ (404 kcal) 1.34 Chip shop-style curry sauce ② (118 kcal) 1.46		
All-day brunch 1245 kcal	9.72	11.25
Two fried eggs, bacon, two Lincolnshire sausages, baked beans, Add: Black pudding (178 kcal) 75p	chips	
Vegetarian all-day brunch ♥ 1023 kcal	9.72	11.25
Two fried eggs, three vegan sausages, baked beans, chips		
Steak & kidney pudding Peas, onion & red wine gravy Choose: Mashed potato 963 kcal; Chips 1279 kcal	8.32	9.85
Bangers and mash 894 kcal	8.32	9.85
Three Lincolnshire sausages, peas, onion & red wine gravy		
Vegetarian bangers and mash ♥ 635 kcal Three vegan sausages, peas, onion & red wine gravy	8.32	9.85
Wiltshire cured ham, eggs and chips 856 kcal	7.73	9.26
Two slices of Wiltshire cured ham, two fried eggs	7.75	7.20
Sausages, chips and beans 1170 kcal	7.73	9.26
Three Lincolnshire sausages		
Vegan sausages, chips and beans @ 910 kcal	7.73	9.26
Three vegan sausages		
NEW Chilli bean non-carne 🖊 🥝 🚳 635 kcal	8.32	9.85
Red peppers, red kidney and black turtle beans, smoky chipotle	sauce, rice,	tortilla chips

Afternoon deal Mon - Fri, 2pm - 5pm

alcoholic drink soft drink* 7.27 8.80

6.91

8.44

7.62

Steaks and grills includes a drink

From farms in the UK and Ireland, prime beef steaks (traceable from farm to fork), matured for 28 days, seasoned with a steak-seasoning blend and freshly cooked to your liking. Classic 8oz sirloin steak soft drink* alcoholic drink Choose: Side salad 526 kcal 11.25 12.78 Mediterranean salad 657 kcal; Jacket potato 774 kcal each each

Mashed potato 745 kcal; Chips 1061 kcal Gourmet 8oz sirloin steak Peas, tomato, mushroom, three onion rings, steak sauce soft drink* alcoholic drink Choose: Side salad 785 kcal 13.59 15.12 Mediterranean salad 915 kcal; Jacket potato 1032 kcal each each

Mashed potato 1003 kcal; Chips 1320 kcal Add your choice of steak sauce: Creamy peppercorn sauce (74 kcal) Jack Daniel's® Tennessee Honey glaze ♥ (87 kcal) 1.82 each

Below meals are served with peas, tomato and mushroom. soft drink* 10.08 BBQ chicken melt Char-grilled chicken, Cheddar cheese, bacon, BBQ sauce Choose: Side salad 53 609 kcal: Mediterranean salad 739 kcal Jacket potato 827 kcal; Mashed potato 827 kcal; Chips 1143 kcal 5oz gammon and egg 10.26 Choose: Side salad 🚳 😘 402 kcal; Mediterranean salad 532 kcal Jacket potato 🚳 649 kcal; Mashed potato 620 kcal; Chips 936 kcal 10oz gammon and eggs 11.89 13.42 Choose: Side salad 611 kcal: Mediterranean salad 741 kcal Jacket potato 858 kcal; Mashed potato 829 kcal; Chips 1146 kcal Mixed grill 11.89 13.42 Gammon, pork loin, rump, lamb, Lincolnshire sausage Choose: Side salad 984 kcal; Mediterranean salad 1114 kcal Jacket potato 1231 kcal; Mashed potato 1202 kcal; Chips 1519 kcal

13.65

15.18

soft drink* alcoholic drink*

Gammon, pork loin, rump, lamb, two Lincolnshire sausages, fried egg, six onion rings Choose: Side salad 1477 kcal: Mediterranean salad 1607 kcal Jacket potato 1724 kcal; Mashed potato 1696 kcal; Chips 2012 kcal

Large mixed grill

Noodles. salads and pastas INCLUDES A DRINK •

Ramen noodle bowl // @ \$2550 466 kcal Noodles, bean sprouts, shiitake mushroom, spring onion, carrot, pak choi, bamboo shoots, red onion, sliced chillies, coriander, in a light broth	6.99	8.52
Chicken & maple-cured bacon salad Choose: Char-grilled chicken breast Southern-fried chicken breast strips 656 465 kcal	9.47	11.00
Mediterranean salad © 553 334 kcal Pearl barley, quinoa, butternut squash, wheat berries, red pepper, cherry tomatoes, pumpkin seeds, basil, dressing	8.35	9.88
Grilled halloumi-style cheese & roasted vegetable salad V (355) 494 kcal Roasted pepper, courgette, onion, pico de gallo, dressing	8.62	10.15
Burrito salad bowl ♥ 668 kcal Spicy rice, cheese, roasted pepper, courgette, onion, tortilla chips, guacamole, sliced chillies	8.62	10.15
Additional toppings: Maple-cured bacon (91 kcal) Tuna mayo (298 kcal) Char-grilled half chicken breast (93 kcal) Char-grilled whole chicken breast (187 kcal) Spary Spicy pulled chicken thigh (249 kcal) NEW Char-grilled tandoori chicken breast skewer (145 kcal) Grilled halloumi-style cheese (447 kcal) Chilli bean non-carne (149 kcal)		93p 1.53 1.15 1.97 2.99 3.99 1.97 1.97
Pasta alfredo ♥ 618 kcal Fusilli pasta, creamy pecorino & regato cheese sauce, spinach, sun-dried tomato, basil, rocket	8.90	10.43

Jacket potatoes includes a drink

Add: Char-grilled chicken breast (187 kcal) 1.97; Maple-cured bacon (91 kcal) 1.52

With side salad and one filling. Extra fillings 1.22 each. Tuna mayo 592 kcal; Coleslaw V 559 kcal Cheese V 512 kcal

Roasted vegetables @ 59 (500) 383 kcal

Baked beans @ 59 500 482 kcal Chilli bean non-carne / @ 58 588 442 kcal

British beef & pancetta lasagne

Choose: Side salad 761 kcal: Chips 1295 kcal

alcoholic drink* soft drink* 6.85 8.38 each

9.47