Sides and extras 4.23 Bowl of chips @ 964 kcal (Add: Spicy seasoning @ (7 kcal) 34p) 2.48 Small bowl of chips @ 602 kcal Five chicken wings **FFF** 407 kcal 3.34 NEW Five chicken breast bites 161 kcal 2.99 Eight Whitby breaded scampi 464 kcal 4.99 Grilled halloumi-style cheese V 447 kcal 1.97 Mediterranean side salad @ 198 kcal 3.22 Sliced chillies FFFF @ 3 kcal 88n Mushy peas V 248 kcal 94p Peas @ 133 kcal Side salad @ 91 kcal 2.29 **Coleslaw 399** kcal **1.40** Chicken gravy 50 kcal 94p Roasted vegetables 135 kcal 1.53 Onion rings @ Six 269 kcal 2.33 **Twelve** 538 kcal **3.50** Garlic pizza bread 🚺 **8**" 386 kcal 4.40 **11**" 772 kcal **5.57** With cheese V **8**" 473 kcal 4.98 11" 922 kcal 6.44

Desserts NEW Chocolate & salted caramel torte 5.33 Chocolate biscuit base, chocolate & salted caramel filling Vanilla ice cream V 746 kcal or coconut ice cream 701 kcal NEW Salted caramel sticky toffee pudding V 4.99 Vanilla ice cream 877 kcal or custard 741 kcal Millionaire's shortbread W 609 kcal 2.17 Two vanilla ice cream scoops, shortbread biscuit, Belgian chocolate sauce, toffee sauce Vanilla ice cream V 334 kcal Two scoops, toffee sauce, Belgian chocolate sauce Cookie crunch (V) (364 kcal 1.82 Two vanilla ice cream scoops, chocolate cookie, Belgian chocolate sauce 2.98 Mini warm chocolate brownie V 655 435 kcal Belgian chocolate sauce, vanilla ice cream

Mini warm cookie dough sandwich V 650 431 kcal 2.98 Salted caramel filling, toffee sauce, vanilla ice cream Mini American-style pancakes V 600 412 kcal 3.54 Two pancakes, maple-flavour syrup, vanilla ice cream 4.56 Fresh fruit V 58 555 470 kcal Apple, banana, blueberries, strawberries, vanilla ice cream Warm chocolate fudge cake V 909 kcal. Vanilla ice cream 5.33 5.33 Warm chocolate brownie
736 kcal Belgian chocolate sauce, vanilla ice cream Warm cookie dough sandwich V 727 kcal 5.33 Salted caramel filling, toffee sauce, vanilla ice cream 5.62 British Bramley apple crumble

Add: Custard V (134 kcal) 1.23; Vanilla ice cream scoop V (135 kcal) 94p Belgian chocolate sauce (61 kcal) 42p; Toffee sauce (66 kcal) 42p Banana (110 kcal) 62p; Strawberries (27 kcal) 62p; Blueberries (17 kcal) 62p

While we have procedures for segregating

kitchen and har service may involve shared

preparation within meals and drinks,

preparation/cooking areas. If you have

any specific food/drinks allergen needs

please inform us when ordering; we will

meal safely, although cannot guarantee

completely allergen-free environments or

products. Staff cannot offer specific advice

take reasonable steps to prepare your

Vanilla ice cream V 673 kcal, coconut ice cream 6 628 kcal or custard 5 537 kcal

ALLERGEN AND NUTRITIONAL INFORMATION

American-style pancakes V 38 689 kcal

Four pancakes, maple-flavour syrup, vanilla ice cream

This can be found on our menus. customer information screen, website and Wetherspoon app. Ingredients vary, depending on location, and may have changed since your last visit. Use the ustomer information screen to filter menus by specific dietary requirements,

- Exclude those dishes containing certain
- See full lists of ingredients.
- List only yegan or yegetarian dishes.

or recommendations beyond our published allergen communications. Swapping Set Calorie and carbohydrate limits items may result in changes to allergens

DIETARY SYMBOLS

= Very mild = Mild = Medium hot = Very hot = Extremely hot Vegetarian Vegan 5% fat or less 500 Dish under 500 Calories

Seafood with this mark comes from an MSC-certified sustainable fishery. MSC-C-56647 www.msc.org

Adults need around 2000 kcal a day.§

BREAKFACT

Served 8am - 12 noon

BRLAKE	A
Large breakfast 1343 kcal Two fried eggs, bacon, two Lincolnshire sausages, baked beans, three hash browns, mushroom, two slices of toast	6.59
Traditional breakfast 807 kcal Fried egg, bacon, Lincolnshire sausage, baked beans, two hash browns, slice of toast	4.99
Small breakfast 655 435 kcal Fried egg, bacon, Lincolnshire sausage, baked beans, hash brown	4.45
Add: Black pudding (178 kcal) 75p	
Freedom breakfast 586 kcal Two fried eggs, bacon, baked beans, two hash browns, mushroom, tomato	4.45
Large vegetarian breakfast ♥ 1129 kcal Two fried eggs, three vegan sausages, baked beans, three hash browns,	6.59
mushroom, tomato, two slices of toast Vegetarian breakfast 786 kcal Two fried eggs, two vegan sausages, baked beans, two hash browns, mushroom, tomato, slice of toast	4.99
Small vegetarian breakfast 👽 🚳 📸 291 kcal Fried egg, vegan sausage, baked beans, hash brown, tomato	4.45
Vegan breakfast ⊘ 642 kcal Two vegan sausages, baked beans, two hash browns, mushroom, tomato, slice of toast, vegan spread	4.61
American breakfast 1258 kcal Two fried eggs, two hash browns, maple-cured bacon, two Lincolnshire sausages, four pancakes, maple-flavour syrup	6.85
Small American breakfast 629 kcal Fried egg, hash brown, maple-cured bacon, Lincolnshire sausage, two pancakes, maple-flavour syrup	4.99
Porridge V & 655 252 kcal (plain) Add: Banana (110 kcal) 62p; Maple-flavour syrup (125 kcal) 34p Strawberries (27 kcal) 62p; Blueberries (17 kcal) 62p	2.09
Honey ♥ (91 kcal) 34p; Sliced apple ② (46 kcal) 62p NEW Shakshuka ♥ ♥ 547 kcal Two poached eggs, lightly spiced Mediterranean tomato & pepper sauce,	5.14
rocket, toasted ciabatta Add: Grilled halloumi-style cheese (V) (447 kcal) 1.97 Maple-cured bacon (91 kcal) 1.52	
Poached egg, toast, guacamole, pico de gallo,	3.42
grilled halloumi-style cheese, mushroom, salsa Eggs Benedict 725 kcal Two poached eggs, on an English muffin, with Wiltshire cured ham,	5.14
Hollandaise sauce, rocket Mushroom Benedict 638 kcal Two poached eggs, on an English muffin, with mushroom,	5.14
Hollandaise sauce, rocket Miner's Benedict 939 kcal Two poached eggs, on an English muffin, with black pudding,	5.14
Hollandaise sauce, rocket NEW Hash brown basket @ 555 410 kcal	1.99
American-style pancakes NEW Four pancakes, banana, strawberries, blueberries,	4.99
maple-flavour syrup. 👽 🚳 708 kcal Four pancakes, maple-cured bacon, maple-flavour syrup. 645 kcal Four pancakes, maple-flavour syrup. 👽 🚳 554 kcal	4.99 4.30
Small American-style pancakes Two pancakes, maple-cured bacon, maple-flavour syrup. 677 322 kcal Two pancakes, maple-flavour syrup. 788 677 kcal	3.54 3.25
Scrambled egg on toast V 570 kcal Three eggs, buttered white bloomer toast	3.77
Beans on toast V 39 566 kcal. Buttered white bloomer toast Vegan option available with vegan spread Ø 39 555 460 kcal	3.66
Small beans on toast (1) (2) (2) (2) (2) (2) (2) (3) (4) (4) (4) (4) (4) (4) (4) (4) (4) (4	2.62
Two slices of toast with jam or marmalade 524 kcal White bloomer bread	2.47
Fresh fruit @ 33 (567) 200 kcal Apple, banana, blueberries, strawberries	3.66
Free de free de contra en des relevants en 1977 00/1	/ / =

Breakfast extras

Add any of the following:			
Black pudding 178 kcal	75p	Hash brown 🕢 82 kcal	46p
Lincolnshire sausage 168 kcal	1.05	Vegan sausage 🕢 82 kcal	1.05
Slice of toast V 225 kcal	1.13	Baked beans 🕢 126 kcal	93p
Fried egg 🤍 56 kcal	93p	Poached egg V 63 kcal	93p
Two scrambled eggs V 136 kca	l		1.63
Two rashers of back bacon 131	kcal		1.57
Four rashers of maple-cured by	bacon 91	kcal	1.52
Two mushrooms 🥥 100 kcal			93p
Two grilled tomato halves @ 16	6 kcal		52p
Grilled halloumi-style cheese	V 447 ka	cal	1.97

Breakfast butties and wraps

Bacon butty 574 kcal	3.42
Three rashers of bacon, buttered white bloomer bread	
Sausage butty 714 kcal	3.42
Two Lincolnshire sausages, buttered white bloomer bread	
Vegetarian sausage butty V 541 kcal	3.42
Two vegan sausages, buttered white bloomer bread	
Vegan option available with vegan spread 🥏 🥯 👫 435 kcal	
Breakfast wrap 724 kcal	4.36
Fried egg, bacon, Lincolnshire sausage, hash brown, Cheddar cheese	
Vegetarian breakfast wrap V 735 kcal	4.36
Fried egg, two vegan sausages, two hash browns, Cheddar cheese	

Breakfast muffin dea

Includes tea, coffee or hot chocolate. Free refills	
	3.31
Fried egg, American-style cheese, in an English muffin	
_99 c. 2200111121111 300 011 No.	3.77
Fried egg, bacon, American-style cheese, in an English muffin	
	3.77
Fried egg, Lincolnshire sausage, American-style cheese, in an English muffin	
	3.77
Fried egg, vegan sausage, American-style cheese, in an English muffin	
2.04.1.4.0.1.1.1.1.1.3.0.1.1.1.1.1.1.1.1.1.1.1.1	4.01
Fried egg, Lincolnshire sausage, bacon, American-style cheese, in an English muffir	
2111421124 4172444	4.01
Guacamole, pico de gallo, on an English muffin, rocket	
Add: Maple-cured bacon (91 kcal) 1.52; Poached egg ♥ (63 kcal) 93p Grilled halloumi-style cheese ♥ (447 kcal) 1.97	
······································	
Add: Hash brown (a) (82 kcal) 46p	

Tea. coffee and hot chocolate-

TEA, COFFEE AND **HOT CHOCOLATE** - ALL DAY EVERY DAY -

LAVATIA (A) (A)



Flat white **9** 92 kcal Cappuccino 102 kcal Latte V 113 kcal Mocha 147 kcal Espresso @ 6 kcal Black coffee @ 6 kcal White coffee 24 kcal Hot chocolate 169 kcal Tea

with semi-skimmed milk **V** 14 kcal Dairy alternative: oat sachet @ 4 kcal Decaffeinated tea and coffee available

Biscuits

Walkers shortbread V 151 kcal 71p Stem ginger biscuit V 123 kcal 71p Belgian chocolate biscuit V 129 kcal 71p Salted caramel brownie bar V 316 kcal 1.64

All weights are approximate uncooked. Fish, chicken and meat dishes may contain bones. Specifications may change periodically, and Calories and other nutritional values stated (which exclude drinks options) are subject to change. Prices (in pounds sterling, including VAT) may vary per pub. Subject to local licensing restrictions and availability at participating free houses. Photography is for guidance only. J D Wetherspoon plc reserves the right to withdraw/change offers (without notice), at any time. See our website for full details: jdwetherspoon.com Offer (excluding take-away) applies on day of purchase, during one visit; is non-transferable. Exclusions apply. Non-refundable advance purchase rates, available to book direct on our website, phone. Statement of daily Calorie needs from the Department of Health & Social Care. "Excluding decaffeinated. *Drinks exclude bottled wine, sparkling wine, Prosecco by the bottle (200ml and 750ml), cocktail pitchers, spritz cocktails, liqueurs, bombs, shots and any drink not listed on the drinks menu. Mixers exclude J20 and all cannet

4.45

NEW Fresh fruit and yoghurt V 53 534 kcal

Apple, banana, blueberries, strawberries, Greek-style honey yoghurt

for the facts drinkaware.co.uk idwetherspoon.com ≥ The earliest-known pub on this site was The Green Dragon, known to have been

Main menu 11.30am - 10.30pm. Children's menu available.

The Rochester Castle

Stoke Newington

Table service

Download the Wetherspoon app or scan this QR code.

in existence in 1702. This present pub replaced that one in 1801 and is called The

Rochester Castle because it was built by Richard Payne, from Rochester

Or note your table number and order at the bar.

Use the app to: Search for a pub • Book a hotel • Save your favourites • Find an ale



Food hygiene

We have been awarded the maximum food hygiene rating of 5 in our pub.



iustainable fish The cod and haddock we serve

come from fisheries which have been independently certified to the MSC's standard for well-managed and sustainable

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around 2000 kcal a day.§

Allergen and nutritional information can

be found on our customer information screen,

website and Wetherspoon app. Adults need

100% UK and Irish beef From farms in the UK

and Ireland, prime beef steaks matured for 28 days. Traceable from farm to fork.



Free-range eggs

100% of the eggs we use are free range. All shell eggs are certified with the British Lion quality mark and are RSPCA assured, ensuring the highest standards of animal welfare.

goodfoodtalks

The spoken menu app for the visually impaired

opening menus for everybody



8am - 12 noon

breakfast £4.99

Traditional

Tea. coffee and hot chocolate Free refills

£1.56

Deli Deals INCLUDES A DRINK •

Featuring NEW small southern-fried chicken wrap just-a-wrap, without a drink

£3.08

soft drink* £4.11

£5.64

alcoholic drink*

Burger meals

INCLUDES A DRINK •

Featuring 3oz American burger alcoholic drink* soft drink*

£5.44

£6.97

Afternoon deals

INCLUDES A DRINK

Mon - Fri, 2pm - 5pm Featuring small freshly battered fish and chips soft drink* alcoholic drink*

£6.09

£7.62

Steak Club

INCLUDES A DRINK

Tuesday 11.30am - 10.30pm Featuring classic 8oz sirloin

alcoholic drink^{*}

£9.67 £11.20

Curry Club

INCLUDES A DRINK • Thursday 11.30am - 10.30pm

> Featuring the katsu curry range soft drink* alcoholic drink*

£7.91

INCLUDES A DRINK • Choose from over 150 drinks

LAVATIA Coffee The freshly ground 100% Arabica



Lavazza coffee^{tt} we serve is from Rainforest Alliance-certified farms

£9.44

Award-winning



Independently run 'secret diner' survey **Sustainable Restaurant**



Association Awarded the highest rating in the world's largest sustainability certification for pubs



Book direct for the best rates



Small plates Any 2 for c14 92

Rocket, roasted pepper, courgette, onion, salsa 11" garlic pizza bread © 772 kcal 5.57 Nachos	Small plates Any 3 for £14.93	
Pepperoni	8" pizzas. Sourdough base — proved, stretched, topped and freshly baked to or	ler.
Ham and mushroom 505 kcal. Mozzarella, ham, mushroom, rocket BBQ chicken 555 kcal. Mozzarella, BBQ sauce, chicken breast, red onion, rocket Roasted vegetable © 514 kcal Mozzarella, mushroom, roasted pepper, courgette, onion, basil Roasted vegetable and vegan cheeze © 600 416 kcal Mushroom, roasted pepper, courgette, onion, basil Spicy meat feast	Margherita V (506) 467 kcal. Mozzarella, basil	5.91
BBQ chicken 555 kcal. Mozzarella, BBQ sauce, chicken breast, red onion, rocket Roasted vegetable © 514 kcal Mozzarella, mushroom, roasted pepper, courgette, onion, basil Roasted vegetable and vegan cheeze © © 600 416 kcal Mushroom, roasted pepper, courgette, onion, basil Spicy meat feast	Pepperoni / 575 kcal. Mozzarella, pepperoni	6.51
Roasted vegetable © 514 kcal Mozzarella, mushroom, roasted pepper, courgette, onion, basil Roasted vegetable and vegan cheeze © © 616 kcal Mushroom, roasted pepper, courgette, onion, basil Spicy meat feast / 615 kcal Mozzarella, ham, pepperoni, chicken breast, sliced chillies, rocket NEW Char-grilled halloumi-style cheese © 514 kcal Rocket, roasted pepper, courgette, onion, salsa 11"garlic pizza bread © 772 kcal 11"garlic pizza bread © 772 kcal Sowl of chips © 964 kcal Cheese, guacanole, salsa, sour cream, sliced chillies Bowl of chips © 1256 kcal Cheesy chips © 1256 kcal Loaded chips 1303 kcal. Cheese, maple-cured bacon, sour cream Tomato & basil soup © © 630 374 kcal. White bloomer bread Vegan option available with vegan spread © 20 285 kcal With any of the small plates below, choose one dip: NEW Korean-style dip © 96 kcal; Sweet chilli / © 37 kcal; Sticky soy © 100 kcal Naga chilli / © 3136 kcal; Jack Daniel's Tennessee Honey glaze © 87 kcal Chipotle mayo / / © 150 kcal; Blue cheese © 270 kcal; BBQ sauce © 83 kcal Halloumi-style fries © 609 Southern-fried chicken strips © 609 Southern-fried chicken strips © 609	Ham and mushroom 505 kcal. Mozzarella, ham, mushroom, rocket	6.51
Mozzarella, mushroom, roasted pepper, courgette, onion, basil Roasted vegetable and vegan cheeze 3 6 6 416 kcal Mushroom, roasted pepper, courgette, onion, basil Spicy meat feast 7 6 15 kcal Mozzarella, ham, pepperoni, chicken breast, sliced chillies, rocket NEW Char-grilled halloumi-style cheese 5 14 kcal Rocket, roasted pepper, courgette, onion, salsa 11"garlic pizza bread 7 772 kcal Solvento, 695 kcal Cheese, guacamole, salsa, sour cream, sliced chillies Bowl of chips 9 64 kcal Bowl of chips 9 1256 kcal Cheesy chips 1256 kcal Loaded chips 1303 kcal. Cheese, maple-cured bacon, sour cream Tomato & basil soup 9 6 6 6 6 6 6 7 374 kcal. White bloomer bread Vegan option available with vegan spread 2 6 6 37 kcal; Sticky soy 100 kcal Naga chilli 7 3 136 kcal; Jack Daniel's Tennessee Honey glaze 87 kcal Chipotle mayo 7 150 kcal; Blue cheese 2 270 kcal; BBQ sauce 83 kcal Halloumi-style fries 3 322 kcal. Ten battered chicken breast pieces 6 09 Southern-fried chicken strips 4 5 6 6 6 9	BBQ chicken 555 kcal. Mozzarella, BBQ sauce, chicken breast, red onion, rocket	6.51
Roasted vegetable and vegan cheeze 3 3 416 kcal Mushroom, roasted pepper, courgette, onion, basil Spicy meat feast 7 615 kcal Mozzarella, ham, pepperoni, chicken breast, sliced chillies, rocket NEW Char-grilled halloumi-style cheese 514 kcal Rocket, roasted pepper, courgette, onion, salsa 11"garlic pizza bread 7772 kcal 5.57 Nachos 7 695 kcal Cheese, guacamole, salsa, sour cream, sliced chillies Bowl of chips 964 kcal Bowl of chips 964 kcal Cheesy chips 1256 kcal Loaded chips 1303 kcal. Cheese, maple-cured bacon, sour cream Tomato & basil soup 5 5 5 7 374 kcal. White bloomer bread Vegan option available with vegan spread 5 5 5 8 285 285 kcal With any of the small plates below, choose one dip: NEW Korean-style dip 96 kcal; Sweet chilli 7 37 kcal; Sticky soy 100 kcal Naga chilli 7 3 136 kcal; Jack Daniel's Tennessee Honey glaze 87 kcal Chipotle mayo 7 150 kcal; Blue cheese 270 kcal; BB0 sauce 83 kcal Halloumi-style fries 3 322 kcal. Ten battered chicken breast pieces 6.09 Southern-fried chicken strips 3 459 kcal. Five chicken breast strips	Roasted vegetable V 514 kcal	6.51
Mushroom, roasted pepper, courgette, onion, basil Spicy meat feast		
Spicy meat feast \$\iiiiiiiiiiiiiiiiiiiiiiiiiiiiiiiiiiii		6.51
Mozzarella, ham, pepperoni, chicken breast, sliced chillies, rocket NEW Char-grilled halloumi-style cheese \$\infty\$ 514 kcal Rocket, roasted pepper, courgette, onion, salsa 11"garlic pizza bread \$\infty\$ 772 kcal 5.57 Nachos \$\infty\$ \$\infty\$ 695 kcal Cheese, guacamole, salsa, sour cream, sliced chillies Bowl of chips \$\infty\$ 964 kcal Bowl of chips with curry sauce \$\infty\$ 1082 kcal Cheesy chips \$\infty\$ 1256 kcal Loaded chips 1303 kcal. Cheese, maple-cured bacon, sour cream Comato \$\infty\$ basil soup \$\infty\$ \$\infty\$ 555 374 kcal. White bloomer bread Vegan option available with vegan spread \$\infty\$ \$\infty\$ 285 285 kcal With any of the small plates below, choose one dip: NEW Korean-style dip \$\infty\$ 96 kcal; Sweet chilli \$\infty\$ 37 kcal; Sticky soy \$\infty\$ 100 kcal Naga chilli \$\infty\$ 3150 kcal; Blue cheese \$\infty\$ 270 kcal; BBQ sauce \$\infty\$ 83 kcal Halloumi-style fries \$\infty\$ 322 kcal. Ten battered chicken breast pieces 6.09 Southern-fried chicken strips \$\infty\$ 337 kcal. Five chicken breast strips		
Rocket, roasted pepper, courgette, onion, salsa 11" gartic pizza bread © 772 kcal 11" gartic pizza bread © 772 kcal 5.57 Nachos **/* © 695 kcal Cheese, guacamole, salsa, sour cream, sliced chillies Bowl of chips © 964 kcal Bowl of chips with curry sauce © 1082 kcal Cheesy chips © 1256 kcal Loaded chips 1303 kcal. Cheese, maple-cured bacon, sour cream Tomato & basil soup © © 673 374 kcal. White bloomer bread Vegan option available with vegan spread © 0 285 285 kcal With any of the small plates below, choose one dip: NEW Korean-style dip © 96 kcal; Sweet chilli © 37 kcal; Sticky soy © 100 kcal Naga chilli © 136 kcal; Jack Daniel's Tennessee Honey glaze © 87 kcal Chipotle mayo **/* © 150 kcal; Blue cheese © 270 kcal; BB0 sauce © 83 kcal Halloumi-style fries © 6.09 Southern-fried chicken strips © 6.09 Southern-fried chicken strips © 6.09		7.09
Rocket, roasted pepper, courgette, onion, salsa 11" garlic pizza bread © 772 kcal 5.57 Nachos	Mozzarella, ham, pepperoni, chicken breast, sliced chillies, rocket	
11" gartic pizza bread © 772 kcal 5.57 Nachos	NEW Char-grilled halloumi-style cheese V 514 kcal	4.96
Nachos	Rocket, roasted pepper, courgette, onion, salsa	
Cheese, guacamole, salsa, sour cream, sliced chillies Bowl of chips @ 964 kcal 4.23 Bowl of chips with curry sauce @ 1082 kcal 5.58 Cheesy chips © 1256 kcal 5.41 Loaded chips 1303 kcal. Cheese, maple-cured bacon, sour cream 6.03 Tomato & basil soup © © 6.03 Tomato & basil soup © 6.03 Tomato & basil soup © 6.03 Tomato & basil soup © 6.03 With any of the small plates below, choose one dip: NEW Korean-style dip © 96 kcal; Sweet chilli		5.57
Bowl of chips @ 964 kcal Bowl of chips with curry sauce @ 1082 kcal Cheesy chips © 1256 kcal Loaded chips 1303 kcal. Cheese, maple-cured bacon, sour cream Tomato & basil soup © © 050 374 kcal. White bloomer bread Vegan option available with vegan spread @ 050 285 kcal With any of the small plates below, choose one dip: NEW Korean-style dip © 96 kcal; Sweet chilli @ 37 kcal; Sticky soy © 100 kcal Naga chilli	Nachos /// V 695 kcal	5.81
Bowl of chips with curry sauce @ 1082 kcal 5.58 Cheesy chips © 1256 kcal 5.41 Loaded chips 1303 kcal. Cheese, maple-cured bacon, sour cream 6.03 Tomato & basil soup © © 6.03 374 kcal. White bloomer bread 4.23 Vegan option available with vegan spread © 6.03 285 kcal With any of the small plates below, choose one dip: NEW Korean-style dip © 96 kcal; Sweet chilli © 37 kcal; Sticky soy © 100 kcal Naga chilli © 136 kcal; Jack Daniel's Tennessee Honey glaze © 87 kcal Chipotle mayo © 0 150 kcal; Blue cheese © 270 kcal; BBQ sauce © 83 kcal Halloumi-style fries © 6.09 Southern-fried chicken strips © 6.09 Southern-fried chicken strips © 6.09		
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Tomato & basil soup © \$\circ\$ \$\circ\$ 374 kcal. White bloomer bread \text{Vegan option available with vegan spread }\circ\$ \$\circ\$ 285 kcal \text{With any of the small plates below, choose one dip:} \text{Nerean-style dip }\circ\$ 96 kcal; Sweet chilli \$\notine{\chi} \circ\$ 37 kcal; Sticky soy \$\circ\$ 100 kcal \text{Naga chilli } \$\notine{\chi} \circ\$ 136 kcal; Jack Daniel's \text{Tennessee Honey glaze }\circ\$ 87 kcal \text{Chipotle mayo }\notine{\chi} \circ\$ 150 kcal; Blue cheese \$\circ\$ 270 kcal; BBQ sauce \$\circ\$ 83 kcal \text{Halloumi-style fries }\circ\$ 332 kcal. Ten battered chicken breast pieces \text{6.09} \text{Southern-fried chicken strips} \$\notine{\chi} \circ\$ 337 kcal. Five chicken breast strips \text{6.09} \text{Southern-fried chicken strips} \$\notine{\chi} \circ\$ 378 kcal. Five chicken breast strips \text{6.09} \text{Southern-fried chicken strips} \$\notine{\chi} \circ\$ 378 kcal. Five chicken breast strips \text{6.09} \text{Southern-fried chicken strips} \$\notine{\chi} \circ\$ 378 kcal. Five chicken breast strips \text{6.09} \text{Southern-fried chicken strips} \$\notine{\chi} \circ\$ 378 kcal. Five chicken breast strips		
Vegan option available with vegan spread ② \$\circ{355}{285}\$ 285 kcal With any of the small plates below, choose one dip: NEWY Korean-style dip ♥ 96 kcal; Sweet chilli		
With any of the small plates below, choose one dip: NEW Korean-style dip 96 kcal; Sweet chilli 37 & 37 kcal; Sticky soy 100 kcal Naga chilli 36 & 27 kcal; Jack Daniel's Tennessee Honey glaze 87 kcal Chipotle mayo 150 kcal; Blue cheese 270 kcal; BBQ sauce 83 kcal Halloumi-style fries 36 & 396 kcal Chicken bites 322 kcal. Ten battered chicken breast pieces Southern-fried chicken strips 459 kcal. Five chicken breast strips 6.09		4.23
Naga chilli	Vegan option available with vegan spread @ 5% (56%) 285 kcal	
Naga chilli 136 kcal; Jack Daniel's Tennessee Honey glaze 87 kcal Chipotle mayo 150 kcal; Blue cheese 270 kcal; BBQ sauce 83 kcal Halloumi-style fries 376 kcal Chicken bites 322 kcal. Ten battered chicken breast pieces Southern-fried chicken strips 459 kcal. Five chicken breast strips 6.09	With any of the small plates below, choose one dip:	
Chipotle mayo /// 150 kcal; Blue cheese 270 kcal; BBQ sauce 83 kcal Halloumi-style fries 376 kcal 4.96 Chicken bites 372 kcal. Ten battered chicken breast pieces 6.09 Southern-fried chicken strips 372 kcal. Five chicken breast strips 6.09	NEW Korean-style dip V 96 kcal; Sweet chilli // 37 kcal; Sticky soy V 10	0 kcal
Halloumi-style fries © 6.09 396 kcal 4.96 Chicken bites 6.09 322 kcal. Ten battered chicken breast pieces 6.09 Southern-fried chicken strips 6.09 6.09		
Chicken bites 3322 kcal. Ten battered chicken breast pieces 6.09 Southern-fried chicken strips ≠ 3609 459 kcal. Five chicken breast strips 6.09	Chipotle mayo ♥♥♥ ♥ 150 kcal; Blue cheese ♥ 270 kcal; BBQ sauce ② 83 kcal	
Southern-fried chicken strips / 350 459 kcal. Five chicken breast strips 6.09		
	Chicken wings 813 kcal. Ten spicy chicken wings	6.75
Quorn™ nuggets Ø 888 331 kcal. Eight coated pieces 5.19	duorn nuggets (2) 5500 331 Kcal. Eight coated pieces	5.19

Deli Deals INCLUDES A DRINK

All wraps and paninis are freshly made to order.

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	Small Korean fried chicken 384 kcal
	Iceberg lettuce, cucumber, coriander, Korean-style sauce

Small brunch wrap 559 kcal just-a-wrap, Fried egg, bacon, Lincolnshire sausage, Cheddar cheese vithout a drink Small vegetarian brunch wrap V 545 kcal 3.08 Fried egg, two vegan sausages, Cheddar cheese each Small shawarma chicken **FFF** 502 kcal soft drink* Chicken thigh, Middle Eastern spices, Naga chilli and garlic & herb sauces, 4.11 tomato, onion, rocket, fresh mint each

Small Quorn™ nuggets @ 555 310 kcal Salad leaves, tomato, cucumber, salsa alcoholic drink* 5.64 Small southern-fried chicken FFF (500) 399 kcal Salad leaves, smoky chipotle mayo

Small cold chicken breast // 58 (500) 277 kcal Salad leaves, sweet chilli sauce

Small fried halloumi-style cheese // V 500 391 kcal Salad leaves, sweet chilli sauce, tomato, cucumbo

Add: Small side salad @ (46 kcal); Small portion of chips @ (329 kcal) 1.03 each

NEW Korean fried chicken 618 kcal Iceberg lettuce, cucumber, coriander, Korean-style sauce

Shawarma chicken * 719** kcal. Chicken thigh, Middle Eastern spices, Naga chilli and garlic & herb sauces, tomato, onion, rocket, fresh mint

Southern-fried chicken * 609** kcal. Salad leaves, smoky chipotle mayo

Fried halloumi-style cheese 707 kcal Salad leaves, sweet chilli sauce, tomato, cucumbe **Quorn**[™] **nuggets** Ø № 508 kcal. Tomato, cucumber, salsa

5.70 each

soft drink*

alcoholic drink* NEW Roasted vegetable and vegan cheeze @ 480 kcal 7.23 Tuna mayo and Cheddar cheese 590 kcal each Cheddar cheese and tomato V 527 kcal

Wiltshire cured ham and Cheddar cheese 508 kcal BBQ chicken, bacon and Cheddar cheese 586 kcal

8" pizzas on a freshly baked sourdough base Choose any 8" pizza from the small plates section.

Add: Side salad (91 kcal); Tomato & basil soup (150 kcal) **Spicy rice** (208 kcal); **Chips** (602 kcal) **1.44** each

Burgers Includes A Drink' • Beef burgers made with 100% British beef, freshly cooked to order. Traceable from farm to fork.

	,
Beef burgers One 3oz beef patty. Served with a small portion of chips (329 kcal, included in Calories below). American burger 696 kcal Red onion, gherkin, ketchup, American-style mustard Classic beef burger 677 kcal Iceberg lettuce, tomato, red onion Skinny beef burger 675 kcal Iceberg lettuce, tomato, red onion, with a side salad, instead of chips	soft drink* 5.44 each alcoholic drink* 6.97 each
	oft drink* 6.04 7.57
Double beef burgers Two 3oz beef patties. Served with chips (602 kcal, included in Calories below). Double American burger 1138 kcal Red onion, gherkin, ketchup, American-style mustard Double classic beef burger 1119 kcal Iceberg lettuce, tomato, red onion	soft drink* 7.73 each alcoholic drink* 9.26 each
	oft drink* 8.30 9.83

Gourmet burgers Served with chips, six onion rings (871 kcal, included in Calories below).

Ultimate burger 1656 kcal Two 3oz beef patties, maple-cured bacon, Cheddar cheese, signature burger sauce, gherkin

Tennessee burger Maple-cured bacon, Jack Daniel's® Tennessee Honey glaze

Choose: Beef (two 3oz beef patties) 1567 kcal Char-grilled chicken breast 1417 kcal; Fried buttermilk chicken 1703 kcal soft drink* **BBQ** burger 9.93 Maple-cured bacon, Cheddar cheese, BBQ sauce

Choose: Beef (two 3oz beef patties) 1644 kcal alcoholic drink* Char-grilled chicken breast 1494 kcal; Fried buttermilk chicken 1780 kcal 11.46 Heatwave burger

Naga chilli mavo. American-style cheese, hash brown. topped with a spicy chicken wing

Choose: Char-grilled chicken breast 1722 kcal; Fried buttermilk chicken 2007 kcal Fiesta burger @ 1380 kcal

BEYOND MEAT plant-based patty, salsa, guacamole, roasted pepper, courgette, onion

Triple American cheese & bacon burger 1770 kcal soft drink* 11.38 Three 3oz beef patties, American-style cheese, maple-cured bacon, alcoholic drink* 12.91 red onion, gherkin, ketchup, American-style mustard

CULTURES INCLUDES A DRINK ...

Classic curries With basmati pilau rice, plain naan and poppadums.

Mangalorean roasted cauliflower & spinach curry **//** @ 529 927 kcal

Chicken tikka masala // 1190 kcal Chicken jalfrezi FFF 32 935 kcal

soft drink* alcoholic drink* 9.84 11.37 each each

soft drink* alcoholic drink*

9.15

each

alcoholic drink*

10.26

each

7.62

soft drink*

8.73

each

Beef Madras / 1043 kcal

Change your plain naan to a garlic naan (V) (add 92 kcal) 47p

Simple curries With basmati pilau rice or chips.

Simple Mangalorean roasted cauliflower & spinach curry // @ Choose: Basmati pilau rice 52 568 kcal; Chips 970 kcal

Simple chicken tikka masala Choose: Basmati pilau rice 830 kcal; Chips 1232 kcal Simple chicken jalfrezi

Choose: Basmati pilau rice 🚳 575 kcal; Chips 977 kcal Simple beef Madras

Choose: Basmati pilau rice 684 kcal; Chips 1086 kcal

Add: One vegetable samosa and two onion bhaiis (293 kcal) 1.76 Two plain poppadums @ (86 kcal) 47p

Katsu curries With a mild Japanese-style katsu curry sauce, coconut-flavour rice, sliced chillies and coriander.

Katsu grilled chicken curry 58 542 kcal Sliced char-grilled chicken breast

Katsu Quorn™ nugget curry @ 686 kcal Eight coated pieces

Katsu chicken curry 828 kcal Sliced whole breaded chicken breast fillet

Adults need around 2000 kcal a day.§

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Chicken burgers Served with a small portion of chips (329 kcal, included in Calories below). NEW Korean crunchy chicken strip burger 712 kcal	soft drink* 5.44 each
Two fried chicken strips, iceberg lettuce, gherkin, Korean-style sauce	alcoholic drink*
Crunchy chicken strip burger 776 kcal	6.97
Two southern-fried chicken strips, iceberg lettuce, mayonnaise	each
Served with chips (602 kcal, included in Calories below).	soft drink*
Fried buttermilk chicken burger 1255 kcal	7.73
Breaded whole chicken breast fillet	each
Char-grilled chicken breast burger 970 kcal	alcoholic drink*
Skinny chicken burger 5% 5555 394 kcal	9.26
Char-grilled chicken breast, with a side salad, instead of chips	each
Meat-free burgers	
Served with chips (602 kcal, included in Calories below).	0.11.1*
Beyond Burger™ @ 1043 kcal	soft drink* 7.73
BEYOND MEAT plant-based patty, iceberg lettuce, garlic & herb sauce	each
Breaded vegetable burger 1 039 kcal	alcoholic drink*
Lentils, carrot, onion, sweetcorn, mushroom, mozzarella,	9.26
mature Cheddar cheese	each
Fried halloumi-style cheese burger // 🔾 1118 kcal	
Sweet chilli sauce	
Just-a-burger	
Served on its own, without chips or a drink.	
NEW Korean crunchy chicken strip burger @ 383 kcal	
Two fried chicken strips, iceberg lettuce, gherkin, Korean-style sauce American burger 367 kcal	3.36 each
Red onion, gherkin, ketchup, American-style mustard	eacii
Crunchy chicken strip burger / 500 447 kcal	
Two southern-fried chicken strips, iceberg lettuce, mayonnaise	
- · · · · · · · · · · · · · · · · · · ·	
Additional toppings and burger patties	0.47
Maple-cured bacon with Cheddar cheese 173 kcal	2.14 cal 2.14
Maple-cured bacon with American-style cheese 160 k	.cat 2.14

CITIC KEIT INCLUDES A DRINK ...

Fried halloumi-style cheese V 298 kcal

Cheddar cheese W 82 kcal

NEW Vegan cheeze @ 57 kcal

Crunchy chicken strip # 92 kcal

BEYOND MEAT patty @ 184 kcal

Maple-cured bacon 91 kcal

American-style cheese V 69 kcal

NEW Sticky Korean fried chicken bowl 961 kcal soft drink* 8.68 alcoholic drink* 10.21 Chicken strips, chicken breast bites. chips tossed in a Korean-style sauce, coriander, sliced chillies

Fried buttermilk chicken 473 kcal; Breaded vegetable patty 257 kcal

Chicken on the bone is marinated, slow cooked and finished on the char-grill.

3oz beef patty 168 kcal; Char-grilled chicken breast 187 kcal

Peri-peri char-grilled half chicken

Lemon and herb / Char-grilled in a lemon & herb glaze. Coleslaw, garlic & herb dip Choose: Side salad 918 kcal; Mediterranean salad 1048 kcal Spicy rice 1059 kcal; Mashed potato 1137 kcal; Chips 1453 kcal

Hot and spicy FFF Char-grilled in a Naga chilli & citrus glaze. Coleslaw, Naga chilli dip Choose: Side salad 888 kcal: Mediterranean salad 1018 kcal Spicy rice 1029 kcal; Mashed potato 1107 kcal; Chips 1423 kcal

Char-grilled half chicken, mash and gravy 818 kcal Lemon & herb chicken, peas, chicken gravy Chicken baskets

Boneless basket 🍠

Three southern-fried chicken strips, five chicken breast bites. coleslaw BBQ sauce Choose: Side salad 720 kcal; Spicy rice 861 kcal; Chips 1255 kcal Chicken wing basket FFF Eight wings, coleslaw, Naga chilli dip

Choose: Side salad 987 kcal; Spicy rice 1127 kcal; Chips 1522 kcal

Chicken bites basket Ten battered chicken breast pieces, coleslaw, sticky soy sauce Choose: Side salad 623 kcal; Spicy rice 3 763 kcal; Chips 1157 kcal

Southern-fried chicken strips basket 🏿 Five chicken strips, coleslaw, Jack Daniel's® Tennessee Honey glaze Choose: Side salad 748 kcal; Spicy rice 888 kcal; Chips 1282 kcal

Quorn[™] 'no chicken' nuggets basket 🏴 🔻 Eight coated pieces, coleslaw, sweet chilli sauce Choose: Side salad 569 kcal; Spicy rice 709 kcal; Chips 1104 kcal

each BBQ chicken 1097 kcal Mozzarella RBO sauce chicken breast redinion rocket alcoholic drink* Roasted vegetable V 1028 kcal 11.37 Mozzarella, mushroom, roasted pepper, courgette, onion, basil Roasted vegetable and vegan cheeze @ 829 kcal Mushroom, roasted pepper, courgette, onion, basil Spicy meat feast **FFF** 1214 kcal 11.02 12.55 Mozzarella, ham, pepperoni, chicken breast, sliced chillies, rocket **Additional toppings** Red onion @ 10 kcal: Sliced chillies ##### @ 3 kcal: Mushroom @ 4 kcal each 88p Garlic & herb dip @ 180 kcal; Mozzarella V 150 kcal; Ham 71 kcal Chicken breast 94 kcal; Maple-cured bacon 91 kcal each **1.15** Pepperoni **FF** 109 kcal; Roasted vegetables **3** 90 kcal each **1.53** Small pub classics includes a drink of soft drink* alcoholic drink* Small freshly battered cod and chips 7.84 9.37 Peas 681 kcal or mushy peas 739 kcal Small Whitby breaded scampi 7.84 9.37 Chips, peas 629 kcal or mushy peas 686 kcal. Four Whitby breaded scampi Add: Two slices of bread (404 kcal) 1.34 Chip shop-style curry sauce (a) (118 kcal) 1.46 Small Wiltshire cured ham, 8.14 6.61 egg and chips (505) 455 kcal One slice of Wiltshire cured ham, fried egg Small all-day brunch 681 kcal 6.91 8.44 Lincolnshire sausage, bacon, fried egg, baked beans, chips Add: Black pudding (178 kcal) 75p Small vegetarian all-day brunch V 611 kcal 6.91 8.44

11"DIZZAS INCLUDES A DRINK •

Margherita V 934 kcal. Mozzarella, basil

Ham and mushroom 1011 kcal

Mozzarella ham mushroom rocket

Pepperoni / 1151 kcal

Mozzarella, pepperoni

1.52

1.52

1.52

1.52

1.50

each **1.97**

soft drink*

10.83

each

alcoholic drink

12.36

soft drink*

8.68

each

alcoholic drink*

10.21

each

Add: Chicken

gravy (50 kcal)

94p

each

Sourdough base - proved, stretched, topped and freshly baked to order.

soft drink* alcoholic drink*

soft drink*

9.84

10.21

8.68

soft drink* alcoholic drink'

7.62

6.09

Pub classics includes a drink

Two vegan sausages, fried egg, baked beans, chips

Afternoon deal

Mon - Fri, 2pm - 5pm

alcoholic drink* soft drink* Freshly battered cod and chips 🥏 10.08 11.61 Peas 1240 kcal or mushy peas 1298 kcal Whitby breaded scampi 10.08 11.61 Chips, peas 1135 kcal or mushy peas 1192 kcal. Eight Whitby breaded scampi Add: Two slices of bread (404 kcal) 1.34 Chip shop-style curry sauce (a) (118 kcal) 1.46 All-day brunch 1245 kcal 9.72 11.25 Two fried eggs, bacon, two Lincolnshire sausages, baked beans, chips Add: Black pudding (178 kcal) 75p Vegetarian all-day brunch V 1023 kcal 9.72 11.25 Two fried eggs, three vegan sausages, baked beans, chips Steak & kidney pudding Peas, onion & red wine gravy 8.32 9.85 Choose: Mashed potato 963 kcal; Chips 1279 kcal Bangers and mash 894 kcal 8.32 9.85 Three Lincolnshire sausages, peas, onion & red wine gravy 9.85 Vegetarian bangers and mash

635 kcal 8.32 Three vegan sausages, peas, onion & red wine gravy Wiltshire cured ham, eggs and chips 856 kcal 7.73 9.26 Two slices of Wiltshire cured ham, two fried eggs Sausages, chips and beans 1170 kcal 7.73 9.26 Three Lincolnshire sausages 7.73 9.26 Vegan sausages, chips and beans @ 910 kcal Three vegan sausages NEW Chilli bean non-carne 7 @ 635 kcal 8.32 9.85 Red peppers, red kidney and black turtle beans, smoky chipotle sauce, rice, tortilla chips

Afternoon deal

soft drink* alcoholic drink Mon - Fri, 2pm - 5pm 7.27 8.80

Steaks and grills includes a drink

From farms in the UK and Ireland, prime beef steaks (traceable from farm to fork), matured for 28 days, seasoned with a steak-seasoning blend and freshly cooked to your liking. soft drink* 11.25 Classic 8oz sirloin steak 459 kcal 12.78 13.75 15.28 Classic 10oz rib-eye steak 717 kcal Choose: Side salad 87 kcal; Mediterranean salad 198 kcal; Jacket potato 225 kcal Mashed potato 143 kcal; Chips 602 kcal Gourmet 8oz sirloin steak 712 kcal 13.59 15.12

17.62

13.42

15.18

16.09 Gourmet 10oz rib-eye steak 965 kcal Peas, tomato, mushroom, three onion rings, steak sauce Choose: Side salad 87 kcal; Mediterranean salad 198 kcal; Jacket potato 225 kcal Mashed notato 143 kgal- Chins 602 kgal

Add your choice of steak sauce: Creamy peppercorn sauce (74 kcal) Jack Daniel's® Tennessee Honey glaze (V) (87 kcal) 1.82 each

Below meals are served with peas, tomato and mushroom. soft drink* alcoholic drink* BBQ chicken melt 10.08 Char-orilled chicken Cheddar cheese hacon BBQ sauce Choose: Side salad 530 609 kcal; Mediterranean salad 739 kcal Jacket potato 🚳 856 kcal; Mashed potato 827 kcal; Chips 1143 kcal 5oz gammon and egg 8.73 10.26 Choose: Side salad 532 kcal: Mediterranean salad 532 kcal Jacket potato 649 kcal; Mashed potato 620 kcal; Chips 936 kcal 10oz gammon and eggs 13.42 Choose: Side salad 611 kcal: Mediterranean salad 741 kcal Jacket potato 858 kcal; Mashed potato 829 kcal; Chips 1146 kcal

Jacket potato 1231 kcal; Mashed potato 1202 kcal; Chips 1519 kcal Large mixed grill 13.65 Gammon, pork loin, rump, lamb, two Lincolnshire sausages, fried egg, six onion rings Choose: Side salad 1477 kcal; Mediterranean salad 1607 kcal

Jacket potato 1724 kcal; Mashed potato 1696 kcal; Chips 2012 kcal

Gammon, pork loin, rump, lamb, Lincolnshire sausage

Choose: Side salad 984 kcal; Mediterranean salad 1114 kcal

Mixed grill

Noodles, salads and pastas INCLUDES A DRINK'

soft drink* alcoholic drink* Ramen noodle bowl **FF** @ 58 666 kcal 6.99 8.52 Noodles, bean sprouts, shiitake mushroom, spring onion, carrot, pak choi, bamboo shoots, red onion, sliced chillies, coriander, in a light broth Add: Char-grilled chicken breast (93 kcal) 1.15 Poached egg V (63 kcal) 93p Chicken & maple-cured bacon salad 9.47 11.00 Choose: Char-grilled chicken breast 283 kcal Southern-fried chicken breast strips (\$500) 465 kcal 9.88 Mediterranean salad @ 5334 kcal 8.35 Pearl barley, guinoa, butternut squash, wheat berries, red pepper, cherry tomatoes, pumpkin seeds, basil, dressing Add: Grilled halloumi-style cheese (V (447 kcal) 1.97 Tuna mayo (298 kcal) 1.06; Roasted vegetables @ (90 kcal) 1.53 Char-grilled chicken breast (187 kcal) 1.97 Grilled halloumi-style cheese 8.62 10.15 & roasted vegetable salad V 500 494 kcal Roasted pepper, courgette, onion, pico de gallo, dressing 10.15 Burrito salad bowl V 668 kcal 8.62 Spicy rice, cheese, roasted pepper, courgette, onion, tortilla chips, quacamole sliced chillies Add: Char-grilled chicken breast (187 kcal) 1.97 Chilli bean non-carne / (149 kcal) 1.97 Pasta alfredo V 618 kcal 8.90 10.43

Jacket potatoes includes a drink

With side salad and one filling. Extra fillings 1.22 each. Tuna mayo 592 kcal; Coleslaw V 559 kcal Cheese V 512 kcal

Add: Char-grilled chicken breast (187 kcal) 1.97

British beef & pancetta lasagne

Choose: Side salad 761 kcal; Chips 1295 kcal

Fusilli pasta, creamy pecorino & regato cheese sauce, spinach

sun-dried tomato, basil, rocket

Maple-cured bacon (91 kcal) 1.52

Baked beans @ 5% 555 482 kcal Chilli bean non-carne / @ 58 588 442 kcal Roasted vegetables @ 59 (500) 383 kcal

alcoholic drink* soft drink* 6.85 8.38 each

9.47

11.00